



I have a special friend that I see so seldom. Our lives are very busy so our telephone chats and emails are sporadic. These infrequent connections are like the white horses in the middle of the ocean, and after a while they seem normal.

Then slowly the ground swell begins to form encouraging us to connect. We need to see each other, to share our news and joys and heartaches. The ground swell rushes through us and pushes us together.

And finally we sit together; she tells me about her difficult moments, I hug her. We chat about our passions and smile with pride for each other. I tell her about my life and I feel the waves of love wash over me. She leaves and I feel as if she has washed my soul.

How wonderful it is to be so deeply connected even though sometimes we are like ships in the night.

MATERIALS:

Sock Wool 100g = 400m
4mm (US 6) needles
Stitch marker
Tapestry needle for weaving in ends

PATTERN NOTES:

Tension square: 22 sts & 32 rows = 10cm
If your tension is too loose, then use a smaller needle.
If your tension is too tight then try a bigger needle.

THE SETUP:

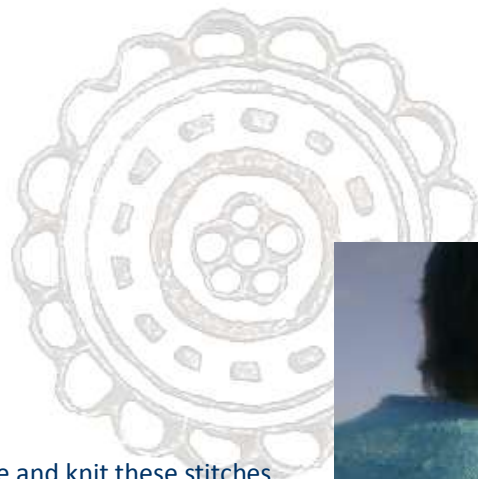
With 4mm needles, cast on 3 stitches.
Knit 6 rows.
Pick up 3 stitches on the selvedge and 3 on the cast on edge and knit these stitches.
STITCH COUNT: 9 stitches

WHITE HORSES:

Row 1: K2, YO, P to last 2, YO, K2.
Row 2: K2, YO, K2, KFB, place marker, KFB, K to last 2 stitches, YO, K2.
Row 3: K2, YO, P to last 2, YO, K2.
Row 4: K2, YO, K to 1 st before the marker, KFB, SM, KFB, K to last 2 sts, YO, K2 [21 st].

Repeat rows 3 and 4 until you have 45 stitches. [last row is a knit row]
K2, YO, P10, DS, P15, DS, P to last 2 sts, YO, K2

Repeat rows 4 and 3 until you have 99 stitches. [last row is a knit row]
K2, YO, P4, [P15, DS]x4, P to last 2 sts, YO, K2



Repeat rows 4 and 3 until you have 153 stitches. [last row is a knit row]
K2, YO, P10, [DS, P15]x7, DS, P to last 2 sts, YO, K2

Repeat rows 4 and 3 until you have 207 stitches. [last row is a knit row]
K2, YO, P19 ^(was p18), [DS, P15]x9, DS, P to last 2 sts, YO, K2

Repeat rows 4 and 3 until you have 245 stitches. [last row is a purl row]
K2, YO, K to last 2 sts, YO, k2 – no central increase

Row 1: K2, YO, P to last 2, YOB, K2.

Row 2: K2, YO, K to 1 st before the marker, KFB, SM, KFB, K to last 2 sts, YO, K2

Row 3: K2, YO, P to last 2, YOB, K2.

K2, YO, knit to last 2 sts, YO, k2 – no central increase

Row 1: K2, YO, P to last 2, YOB, K2 [stitch count 259]

At this point you will have used 50% of your wool [approx.200meters]

GROUND SWELL

Row 1: K2, YO, K12, k2tog, [K6, kfbx2, k6, k2togx2]x5, K6, kfbx2, K6 k2tog, K6, kfbx2, K6, k2tog, [K6, kfbx2, K6, k2tog x2]x5, K6, kfbx2, K6, k2tog, K13, YO, K2

Row 2: K2, YO, Purl to last 2, YOB, K2

Row 3: K2, YO, K to last 2, YO, K2 –no central increase

Row 4: K2, YO, Purl to last 2, YOB, K2 [st count 269]

Row 5: K2, YO, K7, kfbx2, [K3, k2togx4, K3, kfbx4]x6, K3, k2togx2, K7, kfbx2, K7, k2togx2, [K3, kfbx4, K3, k2togx4]x6, K3, kfbx2, K8, YO, K2

Row 6: K2, YO, Purl to last 2, YOB, K2

Row 7: K2, YO, K to last 2, YO, K2 – no central increase

Row 8: K2, YO, Purl to last 2, YOB, K2 [st count 279]

Row 9: K2, YO, K2, k2tog x3 [kfbx6, k2tog x6]x14, kfbx6, k2togx3, K3, YO, K2

Row 10: K2, YO, Purl to last 2, YOB, K2

Row 11: K2, YO, K to 1 st before the marker, KFB, SM, KFB, K to last 2, YO, K2

Row 12: K2, YO, Purl to last 2, YOB, K2 [st count 289]

At this point you will have 35% of your wool remaining

BREAK POINT

Row 1: K2, YO, K6, k2tog x3 [kfbx6, k2tog x6]x7, kfbx8, [k2tog x6, kfbx6]x7, k2tog x3, k7, YO, K2

Row 2: K2, YO, Knit to last 2, YO, K2

Row 3: K2, YO, Knit to last 2, YO, K2 – no central increase

Row 4: K2, YO, Purl to last 2, YOB, K2 [st count 299]

Row 5: K2, YO, K1, kfbx3, [k2togx6 kfbx6]x7, k2togx6, kfbx10, [k2togx6, kfbx6]x7, k2tog x6, kfbx3, K2, YO, K2

Row 6: K2, YO, Purl to last 2, YOB, K2

Row 7: K2, YO, Knit to last 2, YO, K2 – no central increase

Row 8: K2, YO, Knit to last 2, YO, K2 [st count 311]

Row 9: K2, YO, K5, kfbx3, [k2togx6, kfbx6]x7 k2togx7, kfbx10, k2tog x7, [kfbx6, k2togx6]x7, kfbx3 k6, YO, K2

Row 10: K2, YO, Purl to last 2, YOB, K2

Row 11: K2, YO, Knit to last 2, YO, K2 – no central increase

Row 12: K2, YO, Purl to last 2, YOB, K2 [st count 321]

At this point you will have about 18% of your wool remaining.

WAVES OF LOVE

Row 1: K2, YO, k2togx3 [(K1, YO)x6, k2tog x6]x8, k2togx2, [K1, YO]x8, k2tog x2, [k2togx6, (K1, YO)x6]x8, k2togx3, K1, YO, K2

Row 2: K2, YO, Knit to last 2, YO, K2

Row 3: K2, YO, Knit to last 2, YO, K2

Row 4: K2, YO, Purl to last 2, YOB, K2 [st count 327]

Row 5: K2, YO, K4, k2togx3, [(K1, YO)x6, K2togx6]x8, k2tog, [K1, YO]x10, k2tog, [k2tog x6, (K1, YO)x6]x8, k2togx3, K5, YO, K2 [st count 331]



Row 6: K2, YO, Knit to last 2, YO, K2 (st count 333)

Row 7: K2, YO, K6, k2togx3, [(K1, YO)x6, K2togx6]x8, k2togx2, [K1, YO]x8, k2togx2, [k2tog x6, (K1, YO)x6]x8, k2togx3, K7, YO, K2 [st count 333]

Row 8: K2, YO, Purl to last 2, YO, K2 [st count 335]

Row 9: K2, YO, K8, k2togx3, [(K1, YO)x6, K2togx6]x8, k2tog, [K1, YO]x10, k2tog, [k2tog x6, (K1, YO)x6]x8, k2togx3, K9, YO, K2 [st count 339]

Row 10: K2, YO, [P2tog, YO] to last 2, YO, K2

Cast off very loosely! There are many techniques to cast off loosely. I cast off the way I was taught at school, but to ensure it is loose I go up to a 5mm needle.

Break yarn and sew in ends.

Wet your shawl and block with pins to accentuate the waves.

ABBREVIATIONS

K: Knit

P: Purl

KFB: Knit into the front and back of the stitch

PFB: Purl front and back

SM: Slip marker

SLK2P: slip 1stitch, K2 together; pass slipped st over the 2 knitted together. [3 sts become 1]

SLP2P: slip 1stitch, P2 together; pass slipped stitch over the 2 purled together. [3 sts become 1]

DS: P the next 3 sts together, but don't drop them off the needle, YO, and now P those same 3 sts together again, and now drop from the left needle,

YO: Yarn over

YOB: Bring yarn through between the needles, then over the top of the right needle and back under the work to K2.

On the next row knit the YOB through the back loop to open up the YO.



The legal stuff:

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Knit with a happy heart

