NURTURING FIBRES

Cool As Ice

Colour used: Aqua, Vanilla, Mint
Designed by Anneke Wiese for Nurturing Fibres

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SKILL LEVEL
Intermediate

MEASUREMENTS
45cm in diameter

MATERIALS
Nurturing Fibres Eco-Cotton 125m/50g:
1x Aqua
1x Vanilla
1x Mint
Hook: 4.00mm
Tapestry Needle
Scissors
Cushion Inner
Backing Fabric
Sewing thread

ABBREVIATIONS
beg – begin/ning
bet – between
bbr – back bar
bl/o – back loop/only
ch/s – chain/s
chsp/s – chain space/s
dc – double crochet
dc2tog – 2 double crochet together
dhdcv – double half crochet v stitch
hdc – half double crochet
hdcv – half double v stitch
lp/s – loop/s
RSF – Right Side Facing
rep/s – repeat/s
sc – single crochet
shdc – standing half double crochet
sdc – standing double crochet
sk – skip
sl – slip
slst – slip stitch
ssc – standing single crochet
tr down – treble stitch down
st/s – stitch/es
tr2tog – 2 treble together

IMPORTANT!
PATTERN NOTES
- Pattern is written in US terminology.
- Replace all chains at the beginning of rounds with standing stitches. This gives a flawless appearance to each round. YouTube has several excellent tutorials.
- Ch2 at the beg of dc rounds, this count as a stitch.

SPECIAL STITCHES

bbr – back bar: Find the horizontal bar exactly below the two top loops at the wrong side of the st and insert the hook there. Work the stitch as per normal.

ssc – standing single crochet: Tie a slip knot on your hook. Insert hook in indicated stitch or space. Pull up a loop. (2 loops on hook) Yarn over and pull through both loops.

sdc – standing double crochet: Tie a slip knot on your hook, yarn over once. Insert hook in indicated stitch. Pull up a loop. (3 loops on hook). Yarn over, pull through 1 loop, yarn over, pull through last 2 loops.

shdc – standing half treble: Tie a slip knot on your hook. Yarn over once, Insert hook in the indicated stitch. Pull up a loop. (3 loops on hook) Yarn over, pull through all 3 loops on the hook.

tr2tog – treble two together: Yarn over twice, insert hook in indicated space and draw up a loop (you now have 4 loops on your hook). Yarn over and pull through 2 loops, yarn over and pull through 2 loops (you now have 2 loops on your hook). Yarn over twice, insert hook in same space and draw up a loop (5 loops on hook). Yarn over and pull through 2 loops twice (3 loops on hook). Yarn over and pull through all 3.

tr down – treble stitch down: Yarn over twice, insert hook in the indicated chain space of a previous round, (4 loops on hook). (Yarn over, pull through two loops) three times

hdcV – half double v-stitch: In same space or stitch, 1 hdc, ch 2, 1 hdc

dhdcV – double half double v-stitch: In same space or stitch, 2 hdc, ch 2, 2 hdc

INSTRUCTIONS

With Aqua, ch8, and close with a slst in the first ch to make a ring OR make a magic circle.

Round 1: Ch1, work 12sc in ring, close with a slst in first sc. (12sts)

Round 2: Ch2, *TURN your work.* 1dc in same st, ch5, *2dc in next st, ch5* rep from * all around, close with a slst in the 2nd ch. (24dc, 12 5chsps)

Round 3: Ch1, *TURN your work,* work 4 hdc in each 5chsp all around, close with a slst in the first hdc. Fasten off. (48sts)

Round 4: Turn your work and join Vanilla between any of the 4-hdc groupings, work 1ssc, *ch3, sk next st, (1dc, ch3, 1dc)

in the bbr of the next st, ch3, sk next 2 sts, 1sc in the next sp, ch3, sk the next 4-hdc group, 1sc in the next sp,* rep from * all around, but omit the last sc from the last rep, close with a slst in the first st. Fasten off. (6 points, 6 3chsp sides)

Round 5: With Mint, join yarn in the blo of any sc after any point, *(first sc before any 3chsp)*, work 1ssc, 1sc into each of the chains of the 3chsp, 1blo-sc in the next st, ch5 *(the ch5 must stay behind the point)*, *1blo-sc in next sc, 1sc in each of the chs of the 3chsp, 1blo-sc in the next sc, ch5*, rep from * all around, close with a slst in the first st. (30sc's, 6 5chsps)

Round 6: Ch2, 1dc in each of the next 4 sts, 5dc in the next 5chsp, *1dc in the next 5 sts, 5dc in the next 5chsp*, rep from * all around, close with a slst in the 2nd ch. (60sts)

Round 7: Ch1, 3hdc at the base of the ch1, sk next st, *3hdc in the next st, sk next st* rep from * all around, close with slst in first hdc. Fasten off. (30 groups of 3hdc)

Round 8: With Vanilla, find the 2 3hdc-groups that are positioned above any 3chsp of round 4. Join yarn in the first sp directly to the left. Ch1, 2hdc in the same and next 3 sps, 1hdc in the next sp, 1tr in the 3chsp of round 4, 1hdc in the same sp, *2hdc in the next 4 sps, 1hdc in the next sp, 1tr in the 3chsp of round 4, 1hdc in the same sp*, rep from * all around, close with a slst in the first st. Fasten off. (60 hdc's, 6tr's)

Round 9: *(work all the stitches in this round in the spaces between groupings of stitches)* Start in any sp, make 1shdc, 1hdc in the same sp, ch5, *2hdc in the next sp, ch5 * rep from * all around, close with a slst in the first st. (30 2hdc-groups, 30 5chsps)

Round 10: Turn, ch1, work 4hdc in each of the 5chsps all around, close with a slst in the first hdc. Fasten off. (120sts)

Round 11: Find the 4hdc-group directly above the tr that created a petal. With Mint work 1sdc in the bbr of the 3rd hdc, work 1dc in each bbr of each st all around, close with a slst in the first st. (120sts)

Round 12: Ch2, 1dc in the same st, 2dc in the next st, sk next 2 sts, *2dc in the next 2 sts, sk next 2 sts * rep from * all around, close with a slst in the 2nd ch. Fasten off. (120sts)

Round 13: Join Vanilla in any sp directly above the tr of round 8. Ch5 (count as 1dc, ch3) 1dc, in same sp, ch2, [2hdc in next sp, ch2] 4 times, *(1dc, ch3, 1dc) in next sp, ch2, [2hdc in next sp, ch2] 4 times *, rep from * all around, close with a slst in the 2nd ch. (6 v-sts, 46 hdc's)

Round 14: Ch7 (count as 1dc, ch5) 1dc, in same sp, ch3, [2hdc between the next 2 hdc, ch3] 4 times, *(1dc, ch5, 1dc) in next sp, ch3, [2hdc between the next 2 hdc, ch3] 4 times *, rep from * all around, close with a slst in the 2nd ch. (6 v-sts, 46 hdc's)

Round 15: *(first dc2tog will be ch2, 1dc)* Slst into first 5chsp, (dc2tog, ch2, dc2tog, ch5, dc2tog, ch2, dc2tog) in same sp, [(2hdc, ch2, 2hdc) between the next 2 hdc] 4 times, *(dc2tog, ch2, dc2tog, ch5, dc2tog, ch2, dc2tog) in next 5chsp sp, [(2hdc, ch2, 2hdc) between the next 2 hdc] 4 times, rep from * all around, close with a slst in the 2nd ch. (6 large petals, 24 hdc shells)

Round 16: Slst to first 2chsp, 2sc in same sp, (3sc, ch3, 3sc) in the next 5chsp, 2sc in the next 2chsp, [2sc in the next sp before the hdc-shell, 3sc in the next 2chsp, 2sc in the sp after the hdc-shell] repeat 4 times, *2sc in the next 2chsp, (3sc, ch3, 3sc) in the next 5chsp, 2sc in the next 2chsp, [2sc in the next sp before the hdc-shell, 3sc in the next 2chsp, 2sc in the sp after the hdc-shell]*, rep from * all around, close with a slst in first st. Fasten off. (192 sc, 6 3chsps)

Round 17: With Aqua join yarn in the 2nd sc in the first sp before any hdc-shell. (ch2, 1dc, ch3, 2dc) in the same st, sk next 4 sts, [(2dc, ch3, 2dc) in the next st, sk next 4 sts] three times, (2dc, ch3, 2dc) in the next st, sk next 2 sts, 1blo-sc in the next 2sts, ch3, sk next sc, 3chsp, next sc, 1blo-sc in the next 2 sts, sk next 3 sts, *[(2dc, ch3, 2dc) in the next st, sk next 4 sts] four times, (2dc, ch3, 2dc) in the next st, sk next 2 sts, 1blo-sc in the next 2sts, ch3, sk next sc, 3chsp, next sc, 1blo-sc in the next 2 sts, sk next 3 sts* rep from * all around, close with a slst in the first st. (30 dc-shells, 6 3chsp points)

Round 18: Slst in first 3chsp, work (2dc, ch3, 2dc) in this and every shell all around, including the 3chsp *behind* the 3chsp of round 16. (36 shells)

Round 19: Slst to first 3chsp, 1sc in the 2nd ch, ch5, *1sc in the 2nd ch of the next 3chsp, ch5*, rep from * all around, close with a slst in the first st. (36 5chsp's)

Round 20: Ch1, turn and work 6hdc in each 5chsp around, close with a slst in the first st. Fasten off and turn. (36 6hdc-groupings)

Round 21: The next round will be worked in the sps between 6hdc-groupings. Find the unworked 3chsp of round 16, then find the sp between the

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6hdc-groupings directly above it and join Vanilla in the sp just to the left of it. Ch1, work 1hdcV-st in the same sp, ch5, [1hdcV-st in the next sp, ch5] three times, 1hdcV-st in the next sp, ch1, (tr2tog, ch3, tr2tog, ch5, tr2tog, ch3, tr2tog) in the unworked 3chsp of round 16, ch1, *(do not work in the space between the 6hdc-groupings behind this petal)* *[1hdcV-st in the next sp, ch5] four times, 1hdcV-st in the next sp, ch1, (tr2tog, ch3, tr2tog, ch5, tr2tog, ch3, tr2tog) in the unworked 3chsp of round 16, ch1 *(do not work in the space between the 6hdc-groupings behind this petal)* *, rep from * all around, close with a slst in the first st. Fasten off. (6 petals, 30 hdcV-sts, 24 5chsps)

Round 22: With Mint join yarn in the 2chsp of the first hdcV-st of the prev round, work 1dhdcV-st in the same sp, ch1, 1sc in the next 5chsp, ch1, [1dhdcV-st in the next 2chsp, ch1, 1sc in the next 5chsp, ch1] three times, 1dhdcV-st in the next 2chsp, ch1, (3dc, ch2, 3dc) in the next unworked sp of round 20 *(between the 6hdc-groupings)*, ch1, *[1dhdcV-st in the next 2chsp, ch1, 1sc in the next 5chsp, ch1] four times, 1dhdcV-st in the next 2chsp,

ch1, (3dc, ch2, 3dc) in the next unworked sp of round 20, ch1, *(between the 6hdc-groupings)* *, rep from * all around, close with a slst in the first st. (30 dhdcV-sts, 6 (3dc, ch2, 3dc) shells.

Round 23: Slst to the 2chsp, work (3dc, ch3, 3dc) in the same sp, ch1, [(3dc, ch3, 3dc) in the next 2chsp, ch1] four times, (3dc, ch3, 3dc) in the next 2chsp *AND* unworked 5chsp of round 21 *(joining all together)*, *[(3dc, ch3, 3dc) in the next 2chsp, ch1] five times, (3dc, ch3, 3dc) in the next 2chsp *AND* unworked 5chsp of round 21 *(joining all together)* *, rep from * all around, close with a slst in the first st. Fasten off. (36 (3dc, ch3, 3dc) shells)

FINISH UP

Weave in all loose ends. You need to block your mandala before you sew it onto the pillow. Use the same colour Eco-Cotton as your last round and a tapestry needle. Sew on fabric working through the top point 3chsps and the 1st and last dc bet the points.