

NURTURING FIBRES

Butterfly Tee



Sample made in Eco-Cotton, colour Aventurine
Designed by Tracy Schmittgen for Nurturing Fibres

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PATTERN DIFFICULTY

Intermediate - Advanced

MEASUREMENTS

Pattern Sizes: Small (medium, large, 1xl, 2xl, 3xl, 4-5xl)

To Fit Bust (inches): 32 -34 (36-38, 40 - 42, 44 - 46, 48 - 50, 52 - 54, 56 - 62)

To Fit Bust (cm's): 81 - 87 (92 - 97, 102 - 107, 112 - 117, 122 - 127, 132 - 137, 142 - 157)

Sleeve Opening: 30 (32.5, 36, 40, 44, 48, 55.5)

Hip Width: 97 (107, 117, 127, 137, 147, 162)

Length: 58 (60, 62, 64, 66, 68, 70)

MATERIALS

Nurturing Fibres Eco-Fusion or Eco-Cotton

7 (8, 9, 10, 11, 12, 13) balls

125m/50g Aventurine

Needles:

- Straight: 3.50mm and 4.00mm

- Circular/DPN's: 3.50mm

2x long stitch holders

Stitch markers

Tapestry Needle

Scissors

GAUGE

24sts x 30 rows, using 4.00mm needles and Eco-Fusion/Eco-Cotton = 10x10cm

ABBREVIATIONS

alt - alternate

ast - at the same time

b/o - bind off

beg - begin

BOR - beginning of round

BSP - butterfly stitch pattern (see special stitches)

c/o - cast on

cont - continue

c/f - centre front

dpn - double pointed needles

dec - decrease

fol/s - follows/following

inc - increase

k - knit

k2tog - knit two together

LH - left hand

Mk1 kfb/pfb - make 1 stitch (k or p as usual, then repeat into the back of the same stitch)

p - purl

p/u - pick up

patt - pattern

pm - place marker

psso - pass slipped stitch over

rep - repeat

req - required

ret - return

rnd - round

RH - right hand

RSF - right side facing

st/s - stitch/es

st st - stocking stitch

sl - slip stitches

SH - stitch holder

SM - slip marker

w/e - work even without further shaping

WSF - wrong side facing

w & t - wrap and turn

yo - yarn over needle

SPECIAL STITCH PATTERN

Butterfly Stitch:

Row 1 (RSF): Note: The centre stitch is defined as the centre of the butterfly pattern placement. Into the centre stitch where butterfly must be positioned, mk5 as follows: k1, yo, k1, yo, k1. Repeat for each Butterfly.

Row 2: Into the 5sts made in previous row, purl each stitch wrapping yarn around needle twice per stitch. Repeat for each butterfly.

Row 3: a) Knit to 4sts before centre 5 wrapped stitches made in previous row, sl4sts onto RH needle, slip off 1st wrapped stitch, unwrap and let drop, return the 4sts back onto LH needle, pick up dropped

stitch, place on LH needle, k2tog, k3.

b) Slip 2nd, 3rd, and 4th wrapped stitches, unwrap each stitch, slip onto RH needle.

c) Slip last 5th wrapped stitch off needle, unwrap and let drop, sl4sts onto RH needle, pick up dropped stitch and place on LH needle, return the 4sts back onto LH needle, k3, k2tog. Note: of the first mk5 centre sts, you now have 3 centre wrapped (now unwrapped) sts remaining on each butterfly. Repeat for each butterfly.

Row 4: Purl all stitches except for the unwrapped 3 slipped stitches from previous row, slip these 3sts from LH needle to RH needle and continue row to next 3 slipped sts. Repeat for each butterfly.

Row 5: a) Knit to 3sts before centre 3 unwrapped slipped stitches in previous row, sl3sts onto RH needle, slip off the 1st of the unwrapped slipped 3 sts letting it drop, return the 3 sts from RH needle and place back onto LH needle, pick up dropped stitch, place on LH needle, k2tog, k2.

b) Slip off the 2nd of the unwrapped slipped 3 sts onto RH needle.

c) Slip off the last of the unwrapped slipped 3 sts off needle, let drop, sl3sts onto RH needle, pick up dropped stitch and place on LH Needle, return the 3 sts back onto LH Needle, k2, k2tog. Note: of the remaining last 3 centre unwrapped sts at begin of row, you now have 1 remaining. Repeat for each butterfly.

Row 6: Purl remaining last unwrapped slipped stitch. ie: purl all sts on this row. Repeat for each butterfly.

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How to stagger butterflies:

Rows 1-6: 13sts must separate the center stitch of each butterfly.

Row 7 - 12: Begin next set immediately. Position the Butterfly centre stitch of this next set in the middle of the butterflies of the previous set.

IMPORTANT! PATTERN NOTES

- Garment is worked flat from the bottom up with side seams.
- Sizes given in and after brackets are for the larger sizes, where only one size is given it pertains to all sizes.

INSTRUCTIONS



BACK

*Using 4mm straight needles c/o 116 (128, 140 152, 164, 176, 194) sts.

Hemline finish: Work 10 rows of garter stitch. Snip off end of yarn leaving a 10cm tail.

Curved Hemline Shaping: Place on stitch holders as follows: With RSF: Slip first 48, (54, 60, 66, 72, 78, 87) sts onto a SH. With WSF: Slip first 49 (55, 61, 67, 73, 79, 88) sts onto SH. 19sts rem on needle.*

Short Row Shaping:

With rem 19sts on the needle, rejoin yarn and begin short rows as follows:

Row 1: RSF: K19, sl1 off SH for w & t. (19 sts worked, 1 st slipped: 20sts.)

Row 2: W & t first stitch, p19, p4sts off SH, sl1 off SH for w & t. (1 st wrapped, 23 sts worked, 1 st slipped: 25sts.)

Row 3: W & t first stitch, k24, k4sts off SH, sl1 off SH for w & t. (1 st wrapped, 28 sts worked, 1 st slipped: 30sts.)

Next: complete the remaining 16, (18, 20, 22, 24, 26, 30) rows: Rep rows 2-3, working 4sts and slipping the 5th stitch off SH for w & t on each row until 8, 9, 10, 11, 12, 13,12) sts rem on each SH.

Next 2 rows: Work rem sts off SH's, ast finishing w & t's from previous row. (Total sts all on needle: 116, (128, 140, 152, 164, 176, 194) sts.)

Last Row: Work even.

BODY

Next: Work even: 76 (74, 72, 70, 68, 66, 56) rows.

Increase Body for Tee-Shape: Mk1 at each end stitch on every row for a total of 22 rows: Kfb on k rows and pfb on p rows. (44sts increased. 160, (172, 184, 196, 208, 220, 238) sts.)

ARMHOLE GAP

Next: Work even: 26 (32, 38, 44, 50, 56, 62) rows.

Set up and begin BSP's to sit below centre back neck as follows:

Next Row: RSF: Inc 1 st at centre of work and PM: mk1kfb.

Next Row: P

Next Rows 1-6: Beg 1 BSP at centre stitch marker on row 1,

complete to row 6 as per instructions.

Next Rows 7-12: Beg 2 BSP's on row 7, each 6sts apart from centre of BSP previously made.

Next: Work even: 2 rows.

Shape Back Neck and Shoulders:

RSF: Work 72 (76, 79, 85, 90, 94, 99) sts, B/o 17, (21, 27, 27, 29, 33, 41) sts, Work to row end.

WSF: Ret to neckline.

Next: Work rows 1-8 as follows:

Row 1: B/o 4 sts at neck edge, work back to shoulder edge.

Row 2: B/o 15 (15, 15, 20, 20, 20, 20) sts at shoulder edge, work back to neck edge.

Row 3: B/o 3sts at neck edge, work back to shoulder edge.

Row 4: B/o 15 (15, 15, 20, 20, 20, 20) sts at shoulder edge, work back to neck edge.

Rep row 3-4 once more.

Row 7: B/o 3sts at neck edge, work back to shoulder edge.

Row 8: B/o rem 14, 18, 21, 12, 17, 21, 26) sts.

Opposite side: WSF: Re-join yarn at neck edge, foll rows 1-8.

FRONT

Take Note: On RSF front panel is divided into half:

RH side of panel: Butterfly Patterns made on Stocking Stitch.

LH side of panel: Reverse stocking stitch.

Only begin a BSP with a minimum of 8sts available on either side. This is important when working the front neckline and shoulder shaping as well as approaching the side seams.

Start here: Work as instructions for Back from * up to *

Begin Short Rows Next: With remaining 19sts on needle,

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rejoin yarn to beg short rows as folls, *at the same time* beg and set up BSP's on numbered rows as folls:

Row 7: Work 1 BSP only, all sizes: PM on the 7th st away from middle of work, beg centre of 1st BSP at marker.

Row 13: Work 2 BSP's only, all sizes, beg on 6sts away from either side of BSP made on Row 7 (staggered).

Row 19: Work 4 BSP's only, all sizes; staggered. Cont beg new BSP's on every 6th row. Tip: use help box on last page to tick off rows as you proceed.

Short Row Shaping:

Row 1: RSF: K10, pg, sl1 off SH, for w & t. (19 sts worked, 1 st slipped: 20sts.)

Row 2: W & t first stitch, pg, k10, k4 sts off SH, sl1 off SH for w & t. (1 st wrapped, 23 sts worked, 1 st slipped: 25sts.)

Row 3: W & t first stitch, k14, p10, p4 sts off SH, sl1 off SH for w & t. (1 st wrapped, 28 sts worked, 1 st slipped: 30sts.) Rep Rows 2-3, working 4sts and slipping the 5th stitch off SH for w & t on each row until 8 (9, 10, 11, 12, 13, 12) sts rem on each SH, *at same time* starting BSP on 7th Row.

Next 2 rows: Work rem sts off SH's, ast finish w & t's from previous row.

(Total sts all on needles: 116 (128, 140, 152, 164, 176, 194) sts.)

Last Row: Work even.



BODY

Next: Work even: 76 (74, 72, 70, 68, 66, 56) rows, AST complete 15 (15, 15, 15, 15, 14) rows of BSP's counted from 1st BSP row to end of work.

Increase Body for Tee-Shape: Mk1 at each end stitch on every row for a total of 22 rows: kfb on knit rows and pfb on purl rows, ast cont BSP's foll set pattern.

(44sts increased. Total stitches: 160 (172, 184, 196, 208, 220, 238) sts.)

Next: W/e for 2 rows to complete last BSP's. (Total: 19: all sizes / 4-5XL: 18 rows of BSP rows completed.)

Armhole gap:

Next: W/e: 18 (24, 24, 30, 36, 42, 42) more rows / 3 (4, 4, 5, 6, 7, 7) rows of BSP's.

Shape Front Neck, then Shoulders:

Work neck hole as folls, ast begin and cont next BSP's: RSF: Work 76 (80, 84, 90, 96, 100, 107) sts, B/o 8 (12, 16, 16, 16, 20, 24) sts, Work rem sts.

WSF: Ret to neck edge.

Shape neck edge as follows:

Row 1: B/o 3 sts at neck edge, work back to shoulder edge.

Row 2: W/e back to neck edge.

Rep Rows 1-2: once more.

(70 (74, 78, 84, 90, 94, 101) sts)

Row 5: B/o 2 sts at neck edge, work back to shoulder edge.

Row 6: W/e back to neck edge.

Rep Rows 5-6: once more.

(66 (70, 74, 80, 86, 90, 97) sts)

Row 9: B/o 1 st at neck edge, work back to neck edge.

Row 10: W/e back to neck edge.

Rep Rows 9-10: 6:6;7[7;8;8]10 more times. (59, (63, 66, 72, 77, 81, 86) sts)

Next: Work even 0 (0, 4, 4, 2, 2, 4) rows to complete 26th (27th, 29th, 29th, 30th, 32nd, 32nd) Rows of BSP's. Pattern row worked closest to shoulder edge.

Shape shoulder edge as follows:

Row 1: W/e back to shoulder edge.

Row 2: B/o 15 (15, 15, 20, 20, 20, 20) sts at shoulder edge, work back to neck edge.

Rep Rows 1-2 twice more.

Row 7: W/e back to shoulder edge.

Row 8: B/o rem 14 (18, 21, 12, 17, 21, 26) sts.

Opposite side: WSF: Re-join yarn at neck edge, foll instructions for shaping neck edge starting at row 1 to finishing then cont on with Shape Shoulder instructions starting at row 1 to finishing.

Armhole Bands:

Using 3.5mm needles, c/o 66 (76, 86, 94, 102, 112, 122) sts. Work 8 rows of garter stitch then bind off all stitches using stretchy bind off method as per neckline bind off.

Neckline:

Using 3.5mm circular needles or DPN's and starting at RH shoulder, RSF: p/u 48 (52, 58, 58, 60, 64, 72) sts evenly along

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back neck then p/u 68 (76, 86, 86, 88, 96, 116) sts evenly along front neck.

Work 8 rows garter stitch starting with a p row. P all uneven rows; k and dec on all even rows:

Round 1: PM for BOR and PM at opposite shoulder: Purl and w/e.

Round 2: Back Neck: From BOR K3, k2tog twice, k to 10 sts before next shoulder marker, k2tog, k3 twice.

Round 2 (cont) Front Neck: SM, k3, k2tog twice, k to 8 (10, 12, 14, 14, 16, 18) sts before centre front (c/f), k2tog, k to 8 (10, 12, 14, 14, 16, 18) sts after c/f, k2tog, k to 10sts before BOR marker, k2tog, k3 twice.

Rep Rnds 1-2: 3 more times. B/o rem sts Purl-wise using stretchy bind off method: P2tog through front of sts, replace stitch back on LH needle, rep.

FINISH UP

Block fronts and back before closing shoulders.

Attach cast on edge of armhole band to armhole gap gently stretching band to fit.

Close side seams from hemline to armhole bands.

Work neckband.
Weave in all loose ends.

ABOUT THE YARNS

Eco-Cotton is a softly spun yarn with 125 meters to a ball. It is 100% cotton and lovingly hand-dyed in South Africa. **Eco-Fusion** is a uniquely spun yarn with 125 meters to a ball. It is 50% bamboo and 50% cotton and is lovingly hand-dyed in South Africa.

Stockists of our yarn are listed on our webpage
www.nurturingfibres.com

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Table Example

Row 31 Row worked after hemline garter stitch.

Small #4 4 Butterfly Patterns to be worked only

R5 Amount of **Sets of Rows of Butterfly Patterns** worked starting from 1st set from hemline edge.

ROW	SMALL	MED	LARGE	1-XL	2-XL	3-XL	4-5 XL	Tick
7	#1 / R1	#1 / R1	#1 / R1	#1 / R1	#1 / R1	#1 / R1	#1 / R1	
13	#2 / R2	#2 / R2	#2 / R2	#2 / R2	#2 / R2	#2 / R2	#2 / R2	
19	#4 / R3	#4 / R3	#4 / R3	#4 / R3	#4 / R3	#4 / R3	#4 / R3	
25	#3 / R4	#4 / R4	#4 / R4	#4 / R4	#4 / R4	#4 / R4	#4 / R4	
31	#4 / R5	#4 / R5	#5 / R5	#5 / R5	#5 / R5	#6 / R5	#6 / R5	
37	#3 / R6	#4 / R6	#4 / R6	#4 / R6	#5 / R6	#5 / R6	#6 / R6	
49	R8	R8	R8	R8	R8	R8	R8	
61	R10;	R10;	R10	R10	R10	R10	R10	
73	R12	R12	R12	R12	R12	R12	R12	
85	R14	R14	R14	R14	R14	R14	R14	
43	#4 / R7	#4 / R7	#5 / R7	#5 / R7	#5 / R7	#6 / R7	#6 / R7	
55	R9	R9	R9	R9	R9	R9	R9	
67	R11	R11	R11	R11	R11	R11	R11	
79	R13	R13	R13	R13	R13	R13	R13	
91	#4 / R15	#4 / R15	#5 / R15	#5 / R15	#5 / R15	#6 / R15	#7 / R15	
97	#3 / R16	#4 / R16	#4 / R16	#5 / R16	#5 / R16	#5 / R16	#7 / R16	
103	#4 / R17	#5 / R17	#5 / R17	#6 / R17	#6 / R17	#6 / R17	#7 / R17	
103	#4 / R18	#5 / R18	#5 / R18	#6 / R18	#6 / R18	#6 / R18	#7 / R18	
115	#5 / R19	#6 / R19	#6 / R19	#6 / R19	#7 / R19	#7 / R19	#8 / R19	
121	#5 / R20	#5 / R20	#6 / R20	#6 / R20	#6 / R20	#7 / R20	#8 / R20	
127	#5 / R21	#6 / R21	#6 / R21	#7 / R21	#7 / R21	#7 / R21	#8 / R21	
133	#5 / R22	#5 / R22	#6 / R22	#6 / R22	#6 / R22	#7 / R22	#7 / R22	
139	#4 / R23	#6 / R23	#6 / R23	#7 / R23	#7 / R23	#7 / R23	#8 / R23	
145	#4 / R24	#4 / R24	#5 / R24	#6 / R24	#6 / R24	#7 / R24	#8 / R24	
151	#3 / R25	#4 / R25	#4 / R25	#5 / R25	#7 / R25	#7 / R25	#8 / R25	
157	#4 / R26	#4 / R26	#4 / R26	#5 / R26	#5 / R26	#7 / R26	#7 / R26	
163	-----	#4 / R27	#4 / R27	#5 / R27	#5 / R27	#6 / R27	#6 / R27	
169		-----	#4 / R28	#4 / R28	#4 / R28	#6 / R28	#6 / R28	
175			#1 / R29	#5 / R29	#5 / R29	#5 / R29	#5 / R29	
181			-----	-----	#4 / R30	#5 / R30	#6 / R30	
187					-----	#4 / R31	#5 / R31	
193						#1 / R32	#2 / R32	
						-----	-----	