

NURTURING FIBRES

Featherlight



Colour used: Eco-Fusion Lilac

Designed by Tracy Schmittgen for Nurturing Fibres

NURTURING FIBRES

PATTERN DIFFICULTY

Intermediate

MEASUREMENTS

Pattern Sizes: XS – 4/5XL

Completed measurements:

Bust Inches:

28-30 (32-34, 36-38, 40-42, 44-46, 48-50, 52-54, 56-58-60-62)

Bust Cm's:

71-76 (81-87, 92-97, 102-107, 112-117, 122-127, 132-137, 142-147-152-157)

Armhole Gap Circumference:

31 (33, 34, 36, 44, 49, 53, 54)

Hips: (Actual)

97 (107, 117, 127, 137, 147, 157, 175)

Full Length:

60 (62, 63, 63, 63, 63, 63, 64)

Centre back neck to sleeve edge:

35 (38, 40, 43, 45, 48, 50, 54)

MATERIALS

Nurturing Fibres Eco-Fusion (125m/50g)

6 (7, 8, 8, 9, 10, 10, 11) balls in Lilac

Knitting Needles: Straight or Circular: 4.00mm and 5.00mm for body, 3.75mm for armhole edges.

Circular or DPN Needles: 3.75mm for Neckband.

Stitch Markers

Tapestry needle

Scissors

ABBREVIATIONS

Alt: Alternate

Beg: Begin

B/o: Bind Off

BOR: Begin of Rnd

Cms: Centimeters

C/o: Cast on

Cont: Continue

Dec: Decrease

Foll: Following

Inc: Increase

K: Knit

K2tog: K2 together

LH: Left Hand

MarkerSt(s): stitch(es)

Mk1 Kfb / Pfb: Make 1 stitch:

Knit (or Purl) as usual, then

repeat into the back of the same stitch

Ndl(s): Needle(s)

Patt: Pattern

P2tog: Purl 2 together

P2togDbl: P2 together, do not slip sts off LH needle, split the 2sts and Purl again into last stitch, cont.

PM: Place

P/u: Pick up

Rep: Repeat

Ret: Return

RH: Right Hand

Rnd: Round

RSF: Right Side Facing

W/e: Work even: Work rows without any shaping

GAUGE

24 sts x 25 rows = 10 x 10cm when working on 5.00mm needles in pattern as set.



IMPORTANT! PATTERN NOTES

- Garment is worked from the bottom up with side seams.
- Sizes are shown as: Small; Med; Large [1XL; 2XL; 3XL] 4-5XL

- Where only one size is given pertains to all sizes.

INSTRUCTIONS

BACK

* Using 4mm Ndl, C/o

116; 128; 140; 152; [164; 176; 188] 206 sts.

Row 1: RSF: Knit all sts.

Row 2: WSF: [P1, K1] rep to row end.

Rep Rows 1-2 twice more.

Change to 5mm Ndl, work the foll 4 rows:

Row 1: RSF: Knit all sts.

Row 2: WSF: P2, [P2togdbl] rep to last 2sts, P2.

Row 3: RSF: Knit all sts.

Row 4: WSF: P1, [P2togdbl] rep to last st, P1.

These 4 rows set the Featherlight Stitch Patt. Cont stitch patt for rem panel to completion, at same time cont with instructions as folls.

Next: W/e: 62; 68; 68; 66 [58; 50; 46] 46 more rows.

INCREASE BODY FOR TEE SHAPE

Mk1 at each end stitch on every row for a total of 20 rows: Kfb on Knit rows and Pfb on Purl rows.

40sts increased. Total stitches: 156; 168; 180; 192 [204; 216; 228] 246sts.

Place a marker at each edge of last row using contrasting yarn to easily find beg of armhole gaps.*

NURTURING FIBRES

ARMHOLE GAP

Next: Work even: 38; 40; 44; 46 [56; 60; 66] 68 rows.

SHAPE BACK, NECK AND SHOULDERS

RSF: Work 65; 70; 76; 82 [86; 90; 94] 102sts, Bind off.
26; 28; 28; 28 [32; 36; 40] 42 sts, Work to row end.

WSF: Ret to neckline.

Next, Work Rows 1-8 as folls:

Row 1: B/o 4 sts at neck edge, work back to shoulder edge.

Row 2: Bind off 13; 14; 15; 17 [18; 19; 20] 22 sts at shoulder edge, work back to neck edge.

Row 3: B/o 3 sts at neck edge, work back to shoulder edge.

Row 4: B/o 13; 14; 15; 17 [18; 19; 20] 22 sts at shoulder edge, work back to neck edge.

Rep row 3-4 once more.

Row 7: B/o 3sts at neck edge, work back to shoulder edge.

Row 8: B/o rem 13; 15; 18; 18 [19; 20; 21] 23 sts.

OPPOSITE SIDE

WSF: Re-join yarn at neck edge, foll Rows 1-8.

Next, Work Rows 1-8 as folls:

Row 1: B/o 4 sts at neck edge, work back to shoulder edge.

Row 2: Bind off

13;14;15;17[18;19;20]22 sts at shoulder edge, work back to neck edge.

Row 3: B/o 3 sts at neck edge, work back to shoulder edge.

Row 4: B/o

13;14;15;17[18;19;20]22 sts at

shoulder edge, work back to neck edge.

Rep row 3-4 once more.

Row 7: B/o 3sts at neck edge, work back to shoulder edge.

Row 8: B/o rem 13;15;18;18[19;20;21]23 sts.

Opposite Side

WSF: Re-join yarn at neck edge, foll Rows 1-8.



FRONT

Work as per Back from * to *

ARMHOLE GAP

Next: Work even: 12; 14; 16; 18 [26; 30; 32] 34 rows.

FRONT NECK

Note: Neckline hole will be larger than the finished garment with the completed neck ribbed edge.

Tip: *Avoid holes appearing on a neckline by using this tip: On last stitch of row working back to neck edge, knit together with stitch from previous row. This prevents a long loop forming on this stitch that ultimately forms the*

hole on the neck edge when picking up stitches for the neckline finish.

RSF: Work 69; 74; 80; 86 [91; 96; 101] 109 sts, B/o 18; 20; 20; 20 [22; 24; 26] 28 sts, work to row end.

WSF: Ret to neck edge hole.

SHAPE NECK EDGE

Row 1: B/o 3 sts at neck edge, cont to shoulder edge.

Row 2: W/e back to neck edge. 63; 68; 74; 80 [85; 90; 95] 103 sts

Row 3: B/o 2 sts at neck edge, cont to shoulder edge.

Row 4: W/e back to neck edge.

Rep Rows 3-4: once more. 59; 64; 70; 76 [81; 86; 91] 99 sts.

Row 7: B/o 1 st at neck edge, cont to neck edge.

Row 8: W/e back to neck edge.

Rep Rows 7-8: 6; 6; 6; 6 [7; 8; 9] 9 more times.

52; 57; 63; 69 [73; 77; 81] 89 sts

Next: Work even 6 rows.

SHAPE SHOULDER EDGE

Row 1: W/e back to shoulder edge.

Row 2: B/o 13; 14; 15; 17 [18; 19; 20] 22 sts at shoulder edge, work back to neck edge.

Rep Rows 1-2 twice more.

Row 7: W/e back to shoulder edge

Row 8: B/o rem 13; 15; 18; 18 [19; 20; 21] 23 sts.

NURTURING FIBRES

OPPOSITE SIDE

WSF: Re-join yarn at neck edge, foll Shape Neck Edge to end of Shape Shoulder Edge.

ARMHOLE CUFFS

Note: Close shoulders before picking up armhole cuff sts. Using 3.75mm Ndl, P/u 76; 80; 84; 88 [106; 118; 126] 130 sts evenly along armhole edges.

Work 5 rows of K1, P1 ribbing then bind off all sts rib-wise.

NECKBAND

Tip: Use a thinner needle just to pick up neck sts, 2.75-3mm is a useful size. This helps to avoid holes appearing on the neckline.

Working in the round and using 3.75mm Circular Ndl, or use needle size as per tip indicated, and starting at RH shoulder, RSF: P/u 53; 55; 55; 55 [59; 63; 67] 69 sts evenly along back neck then P/u 69; 71; 75; 77 [83; 87; 91] 93 sts evenly along front neck. Total: 122; 126; 130; 132 [141; 150; 158] 162 sts

Step 1:

Once all sts are on circular needle, bind off all sts using 2 strands of yarn and a size 5mm Ndl. Keep tension even,

let the size 5mm Ndl regulate the size of the loop made.

Step 2:

Using 3.75mm Ndl and single strand of yarn, pick up one stitch per bind off loop created by Step 1. Use the loops at the outer-most edge. There will be a row of bind off loops closest to the garment neck left to form a neat 'seam line'.

Next: Work 5 rounds of K1, P1 ribbing then bind off all sts rib-wise.

FINISH UP

1. Close both shoulder seams. Work neckband complete.
2. Work armhole bands.
3. (leaving ±10m yarn to close side seams will allow you to use up any surplus yarn in order to make the cuffs longer as desired)
4. Close side seams from hemline to armhole cuffs.
5. Darn in all loose threads.

ABOUT THE YARNS



Eco-Fusion is a uniquely spun yarn with 125 meters to a ball. It is 50% bamboo and 50% cotton & lovingly hand dyed in South Africa.

Stockists of our yarn are listed on our webpage www.nurturingfibres.com

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