

NURTURING FIBRES

Rebel



Colour used: Eco-Fusion in Charcoal

Designed by Brenda Grobler for Nurturing Fibres

NURTURING FIBRES

PATTERN DIFFICULTY

Advance Beginners -
Intermediate

MEASUREMENTS

Pattern Sizes:

Small: 30 – 34

Medium: 36 – 40

Large: 42 – 44

Extra-large: 46 – 50

Super-large: 52 – 54

Finished Measurements:

Bust:

140 (152, 162, 177, 187) cm

Length to shoulder:

60 (60, 60, 60, 60) cm

Sleeve Length:

37cm (as pictured)

(sleeves are customised as per personal choice)

MATERIALS

Nurturing Fibres Eco-Fusion

50g/125mm balls:

9 (11, 13, 15, 17) 50g balls

Hook: 4.00mm

Tapestry Needle

Scissors

GAUGE AFTER BLOCKING

14 tr x 9 rows = 10x10cm using a 4.00mm hook

ABBREVIATIONS

2dctog – 2 double crochet together

beg – beg/inning

ch – chain

chsp – chain space

dc – double crochet

htr – half treble

RS – Right Side

sk – skip/ped

slst – slip stitch

tr – treble

WS – Wrong Side

IMPORTANT! PATTERN NOTES

- Pattern is written in UK terminology
- Work ch1 at the beginning of dc rounds. This doesn't count as a stitch.
- Work ch1 at the beginning of htr rounds. This doesn't count as a stitch.
- Work ch3 at the beginning of tr rounds. This counts as a stitch.
- The top is designed to a very loose fit, with tight, snug-fit sleeves.
- The bust measurement extends all the way across to approximately the mid-arms.



INSTRUCTIONS

FRONT

**Using a 4.00mm hook, and colour Anvil loosely make 111 (117, 129, 141, 147) ch.

Row 1: (RS) Insert hook in 4th ch from hook and work 1tr in each ch across, turn. (109 (115, 127, 139, 145) tr)

Row 2: Ch3, 1tr in each tr across, turn.

Row 3: Ch3, 1tr in next 4 sts, *ch3, sk next 3 sts, 1tr in next 3 sts*, rep from * to last 8 sts, ch3, sk next 3 sts, 1tr in last 5 sts, turn.

Row 4: Ch1, 1htr in first 4 tr, ch1, 1dc in next tr, ch5, sk next 3chsp, 1dc in next tr, *ch2, sk next tr, 1dc in next tr, ch5, sk next 3chsp, 1dc in next tr*, rep from * to last 4 sts, ch1, 1htr in last 4 tr, turn.

Row 5: Ch1, 1dc in first 4 sts, *5tr in next 5chsp, 1dc in next 2chsp*, rep from * to last 5chsp, 5tr in last 5chsp, sk next dc and ch1, 1dc in last 4 sts, turn.

Row 6: Ch3, 1tr in next 3 sts, ch1, sk next tr, 1dc in next tr, *ch2, sk next tr, 1dc in next tr, ch3, sk next 3 sts, 1dc in next tr*, rep from * across to last 5 tr-group, ch2, sk next tr, 1dc in next tr, ch1, sk next tr, 1 tr in last 4 sts, turn.

Row 7: Ch3, 1 tr in next 3 sts, 1tr in next 1chsp, *ch3, sk next 2chsp, 3tr in next 3chsp*, rep from * to last 3chsp, 3tr in last 3chsp, ch3, sk next 2chsp, 1tr in next 1chsp, 1tr in last 4 sts, turn.

Rep row 4 – 7 another 10 times. (For a longer or shorter top, add or subtract any number of repeats)

Next row: Ch3, 1tr in next 4 sts, 3tr in next 3chsp, *1tr in next 3 tr, 3tr in next 3chsp*, rep from * to last 5 sts, 1tr in last 5 tr, turn. (109 (115, 127, 139, 145) sts)

Next 14 rows: Work 1 tr in each tr across.**

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SHAPE NECKLINE

Next row: Ch3, 1tr in next 42 (44, 49, 54, 56) tr, 2trtog, turn.

Next row: Slst over first st, 1tr in each st to end, turn.

Next row: Ch3, 1 tr in each tr to last 2 tr, 2trtog, turn.

Next row: Slst over first st, 1tr in each st to end, turn.

Next row: Ch3, 1tr in each tr to last 2 tr, 2trtog. Fasten off.

Sk middle 19 (21, 23, 25, 27) sts, re-join yarn in next st, and work as for left neckline, reversing all shapings.

BACK

Work as for front from ** - **.

Next 3 rows: Work 1 tr in each tr across.

SHAPE BACK NECKLINE

Next row: Ch3, 1tr in next 39 (41, 46, 51, 53) sts, 2trtog, turn.

Next row: Slst over first st, 1tr in each st across. Fasten off.

Sk middle 25 (27, 29, 31, 33) sts, and repeat shaping as for left side, reversing all shapings.

FINISH UP

With WS facing, join shoulder seams. Weave in all loose ends. **VERY IMPORTANT:**

Block according to measurements given **BEFORE** joining the sleeves.

SLEEVES

The sleeves are a custom fit. The following is a guideline to get your sleeves to a tight fit. As everyone's arm measurements differ, I

decided to only give guidelines. At the end of the explanation, I've given the instructions for the smallest size. Use this as a guide to help you decide how many rows to work between increase rows.

How to make your own custom sleeve:

After the top has been blocked, try it on. Find the section on your upper arm where the top ends. Measure that section around your mid arm. Next measure the section halfway between that and your wrist (should be around your elbow), lastly measure around your wrist. Also, measure the length you'd like your sleeve to be.

Start by chaining the length you'll need to fit around your wrist. When measuring the length of chains, **DO NOT** pull it tight.

Now, working according to my base pattern (see below), make a couple of rows of tr, before working any increases. Continue measuring the sleeve around your arm to ensure a snug fit. You may want to work fewer or more rows between increases, depending on the size of your own arm.

Once you've almost reached the halfway mark of your sleeve, check if it is still in range with your initial measurements. Make more increase rows if necessary, with few straight rows in-between.

This is the pattern I used for the sample garment (smallest size):

Ch32.

Row 1: Insert hook in 4th ch from hook, work 1 tr in each ch across, turn. (30sts)

Work 11 more tr rows.

Increase 1 st at beg and end of row.

Work 4 tr rows.

Increase 1 st at beg and end of row.

(Work 2 rows and increase at beg and end of next row) rep a total of 5 times. (44 sts)

Work 3 more rows. Fasten off. This gives a 37cm sleeve.

Once you have completed both the sleeves, fold in half, lengthways, and sew in place.

Sew the side seams, but a leave a section open for the slits.

Work 1 round of equally spaced dc around the neckline. Fasten off.

Weave in all remaining loose ends.



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ABOUT THE YARNS

Eco-Fusion is a uniquely spun yarn with 125 meters to a ball. It is 50% bamboo and 50% cotton and is lovingly hand-dyed in South Africa.

Stockists of our yarn are listed on our webpage

www.nurturingfibres.com

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