

NURTURING FIBRES

**NIC**



Colour used: Silver

Designed and Knitted By Carlé Dehning for Nurturing Fibres

# NURTURING FIBRES

## PATTEN DIFFICULTY

Moderate easy

## MEASUREMENTS

**Pattern Sizes:** Teenager to Adult

**Completed measurements:**  
Width: Length:

## MATERIALS

**Nurturing Fibres SuperTwist DK**

2 balls of 103m/50g in colour Silver  
Needle Size: 4mm  
Tapestry Needle  
Scissors

## IMPORTANT! PATTERN NOTES

This beanie is knitted in the round, Use either 4 DPNS or good quality circular needles with the Magic Loop method

## ABBREVIATIONS

k: knit  
p: purl  
k2tog: knit 2 sts together  
ktbl: knit through the back loop

## INSTRUCTIONS

### THE BODY

Cast on 120

**Row 1:** [ktbl, p] repeat to end

**Row 2-8:** Repeat row 1

**Row 9:** [k3, p1] repeat to end

**Row 10-24:** Repeat row 9

**Row 25:** [k7, p1] repeat to end

**Row 26-40:** Repeat row 25

**Row 41:** [k2tog, k5, p1] repeat to end (105sts)

**Row 42:** k6, p1

**Row 43-45:** Repeat row 42

**Row 46:** [k2tog, k4, p1] repeat to end (90 sts)

**Row 47:** [k5, p1] repeat to end

**Row 48-50:** Repeat row 47

**Row 51:** [k2tog, k3, p1] repeat to end (75 sts)

**Row 52:** [k4, p1] Repeat to end

**Row 53-55:** Repeat row 52

**Row 56:** [k2tog, k2, p1] repeat to end (60 sts)

**Row 57:** [k3, p1] Repeat to end

**Row 58-60:** Repeat row 57

**Row 61:** [k2tog, k1, p1] repeat to end (45 sts)

**Row 62:** [k2, p1] Repeat to end

**Row 61:** [k2tog, p1] repeat to end (30 sts)

**Row 62:** [k1, p1] Repeat until the last stitch **THEN** Slip the last stitch to the next row so that the new row starts with a purl row.

**Row 63:** K2tog to the end

**Finish Up:** break thread and thread the end through all the live sts. Pull tight and weave in all remaining loose ends.

## ABOUT THE YARN

**SuperTwist DK** is a wonderfully soft 100% Merino yarn that is spun from sheep that are not Mulesed. Each 50g balls has 103meters & is lovingly Hand dyed in South Africa.

Stockists of our yarn are listed on our webpage [www.nurturingfibres.com](http://www.nurturingfibres.com)

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Model: Oliver Dehning