

NURTURING FIBRES

# Klein Begin



Colour used: SuperTwist Sock in  
Designed by Carlé Dehning for Nurturing Fibres

# NURTURING FIBRES

## PATTERN DIFFICULTY

Advanced Beginners

## MATERIALS

Nurturing Fibres Supertwist

Sock (330m/100g)

1x 100g in Lunar

Small quantities of:

Monsoon

Knysna

Silver

Smokey nights

Cherry Blossom

Pear

Conch

Needles: 4.50mm and

5.00mm

Tapestry Needle

Scissors

## ABBREVIATIONS

P: Purl

K: Knit

M1: Make one

K2tog: Knit 2 together

Yo: yarn over

## IMPORTANT! PATTERN NOTES

- The pattern carries the humble name of Klein Begin (small beginnings) because we started off this little nurturing business as a team of 2, Nolundi and I, and our team has grown. We now employ 16 people and am sure this number will keep growing. This pattern starts with a 'klein begin' of 3 stitches and keeps growing, just like our business
- The colour sequence as follows:  
A: Monsoon

B: Knysna

C: Silver

D: Smokey nights

E: Cherry Blossom

F: Pear

G: Conch

H: Lunar

## INSTRUCTIONS

### THE BODY

Use colour A, cast on 3

**Row 1:** p to end m1

**Row 2:** K to end m1

Repeat these 2 rows for a total of 44 rows [47 sts]

Keep Colour A attached, then knit the next 2 rows in Colour B

**Row 45:** P to end m1 [48sts]

**Row 46:** K6, (K2tog, yo, K4) repeat to end, m1

Keep Colour B attached, then knit the next 2 rows in Colour A

**Row 47:** P to end m1 [50sts]

**Row 48:** (K4, K2tog, yo) until 2 sts remain, k to end, M1

Break off Colour A. Change back to Colour B

**Row 49:** P to end m1 [52sts]

**Row 50:** K to end m1 [53sts]  
Repeat these 2 rows for a total of 16 rows. [67 sts]

Keep Colour B attached, then knit the next 2 rows in Colour C

**Row 65:** P to end m1 [68sts]

**Row 66:** k3, (k2tog, yo, k4) until 5sts remain, K2tog, yo, k3 m1.

Keep Colour C attached, then knit the next 2 rows in Colour B

**Row 67:** P to end m1 [70sts]

**Row 68:** K7, (K2tog, yo, k4) until 9 sts remain, K2tog, yo, k to end, m1.

Break off Colour B

Change back to Colour C

**Row 69:** P to end m1 [72sts]

**Row 70:** K to end m1 [73sts]  
Repeat these 2 rows for a total of 10 rows. [81sts]

Keep Colour C attached, then knit the next 2 rows in Colour D

**Row 79:** P to end m1 [82sts]

**Row 80:** (k4, k2tog, yo) until 4sts remain, k4 m1

Keep Colour D attached, then knit the next 2 rows in Colour C

**Row 81:** P to end m1 [84sts]

**Row 82:** K8, (K2tog, yo, k4) until 10 sts remain, K2tog, yo, k to end, M1

Break off Colour C

Change back to Colour D

**Row 83:** P to end m1 [86sts]

**Row 84:** K to end m1 [86sts]  
Repeat these 2 rows for a total of 8 rows [93sts]

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Keep Colour D attached, then knit the next 2 rows in Colour E

**Row 91:** P to end m1 [94sts]

**Row 92:** (k4, k2tog, yo) until 4sts remain, k4 m1

Keep Colour E attached, then knit the next 2 rows in Colour D

**Row 93:** P to end m1 [96sts]

**Row 94:** K8, (K2tog, yo, k4) until 10 sts remain, K2tog, yo, k to end, M1

Break off Colour D  
Change back to Colour E

**Row 95:** P to end m1 [98sts]

**Row 96:** K to end m1 [99sts]  
Repeat these 2 rows for a total of 6 rows [103sts]

Keep Colour E attached, then knit the next 2 rows in Colour F

**Row 101:** P to end m1 [104sts]

**Row 102:** k3, (k2tog, yo, k4) until 5sts remain, k2tog, yo, k3 m1

Keep Colour F attached, then knit the next 2 rows in Colour E

**Row 103:** P to end m1 [106sts]

**Row 104:** K7, (K2tog, yo, k4) until 3 sts remain, k to end, M1

Break off Colour E  
Change to back to Colour F

**Row 105:** P to end m1 [108sts]

**Row 106:** K to end m1 [109sts]  
Repeat these 2 rows for a total of 6 rows [113sts]

Keep Colour F attached, then knit the next 2 rows in Colour G

**Row 111:** P to end m1 [114sts]

**Row 112:** k8, (k2tog, yo, k4) until 10sts remain, k2tog, yo, k8 m1

Keep Colour G attached, then knit the next 2 rows in Colour F

**Row 113:** P to end m1 [116sts]

**Row 114:** K6, (K2tog, yo, k4) until 2 sts remain, k to end, M1

Break off colour F  
Change to back to Colour G

**Row 115:** P to end m1 [118sts]

**Row 116:** K to end m1 [119sts]  
Repeat these 2 rows for a total of 5 rows [122sts]

Break off Colour G  
Change to Colour H

**Row 120:** K to end m1 [123sts]

**Row 121:** P to end m1 [124sts]  
Repeat these 2 rows for a total of 4 rows [126sts]

**Row 124:** K to end m1 [127sts]  
Repeat this 1 row for a total of 8 rows [134sts]

Slip these sts onto a holder they will later be picked up and knitted again.

## BORDER

Using a 5mm needle with Lunar

**Row 1:** With the right side facing you and colour H pick up 127sts along the one side, place marker, 3 at the cast on point, pick up another 127 sts along the other side.

Change to 4.5mm needles

**Row 2:** k [257sts]

**Row 3:** K2, yo, Knit to marker, yo, slip marker, K3, Yo, K to last 2 sts, yo, K2 [261sts]

Repeat these 2 rows a total of 6 rows [265sts]

**Row 7:** K2, yo, (k2tog, yo, k1) to Last 2 sts, yo, k2.

Cast off all stitches.

## FINISH UP

Weave in all remaining loose ends and block if necessary.

## ABOUT THE YARNS

**SuperTwist Sock** is a versatile yarn that is 100% merino wool from non-mulesed sheep. It has 320m to a skein and lovingly hand-dyed in South Africa. Stockists of our yarn are listed on our webpage [www.nurturingfibres.com](http://www.nurturingfibres.com)

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