

NURTURING FIBRES

# Emmy & Grace



Colour used: Vanilla, Cornflower, Ruby Pink

Designed by Brenda Grobler for Nurturing Fibres

# NURTURING FIBRES

## SKILL LEVEL

Advanced Beginners -  
Intermediate

## MEASUREMENTS

**Pattern Sizes:** 0-3 (3-6) months

**Measurements:**

**Actual Chest:**

42 (45) cm

**Completed Measurements:**

44 (46) cm

**Length to shoulder:**

**Dress:** 30 (33) cm

**Pullover:** 20 (25) cm

**Sleeve Length:**

4.5 (5.5) cm

## MATERIALS

**The Grace Dress:**

Nurturing Fibres Eco-Fusion

50g/125m

3 (4) x balls in Vanilla

1x ball in Cornflower

3x 10mm pearl buttons

1m x 5mm cream silk ribbon

**The Emmy Pullover:**

Nurturing Fibres Eco-Fusion

50g/125m

2x balls in Vanilla

1x ball in Cornflower

1x ball in Ruby Pink

3x 10mm brightly coloured  
wooden buttons

Hook: 3.50mm

Tapestry Needle

Scissors

## GAUGE

18 tr x 12 rows = 10x10cm using  
a 3.50mm hook

## ABBREVIATIONS

beg – begin/ing

chs – chain/s

chsp – chain space

dc – double crochet

rem – remaining

sk – skip

sp/s – space/s

st/s – stitch/es

tr – treble



## IMPORTANT! PATTERN NOTES

- Pattern is written in UK terminology
- Work ch1 at the beginning of dc rounds. This doesn't count as a stitch.
- Work ch3 at the beginning of tr rows. This count as a stitch.
- The post of a stitch refers to the actual body of a stitch.
- For a neater edge, try using a standing tr/dtr. See YouTube for great tutorials.
- As all babies aren't the same size at the same age, please make sure that the chest measurement is correct for the size you want to make.

- Both the garments are worked from the top down. The yoke is completed first and then divided for the front and back. The sleeves are added last.
- The yoke is the same for both the pullover and the dress.
- Rows and stitch count in brackets indicated instructions/stitch count for the second size.

## INSTRUCTIONS

### YOKE INSTRUCTIONS

With a 3.50mm hook and  
Vanilla, ch 56 (64).

**Row 1:** Insert hook in the 4<sup>th</sup> ch from the hook and work 1tr in this ch and the next 8 (11) ch, (1tr, ch1, 1tr) in the next ch, 1tr in the next 16 (18) chs, (1tr, ch1, 1tr) in the next ch, 1tr in the next 9 (11) chs, (1tr, ch1, 1tr) in the next ch, 1tr in the next 15 (17) chs, 2tr in the last ch, turn. (58 (66) sts, 3 1chsp corners)

**Row 2:** Ch3, 1tr at the base of the tr, \*1tr in each tr to next 1chsp, (1tr, ch1, 1tr) in next 1chsp\*, rep from \* all around, 1tr in each tr to last st, 2tr in last st, turn. (66 (74) sts, 3 1chsp corners)

**Row 3 – 9 (10):** Rep row 2.  
(Don't turn immediately after the last row)

(122 (138) sts, 3 1chsp corners)

**Row 10 (11):** Close the prev row with a slst in the first st, turn. Ch3, 1tr at the base of the tr, \*1tr in each tr to next 1chsp, (1tr, ch1, 1tr) in next 1chsp\*, rep from \* all around, 1tr in each tr to last st, 2tr in last st, close with a slst in first st, turn. (130 (146) sts, 3 1chsp)



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Size 0-3 months only:

**Row 11:** Working in the sp created by the slst, ch5 (count as 1tr and ch2), sk the next 29 sts, 1tr in the next 1chsp (*sleeve created*), 1tr in each st to the next 1chsp, ch2, sk the next 29 sts, (*second sleeve created*), 1tr in each tr across, close with a slst in the 3<sup>rd</sup> ch, don't turn yet. (76 sts, 2chs under each arm)

Size 3-6 months only:

**Row 12:** Ch3, 1tr in the next 39 sts, 1tr in the next 1chsp, ch2, sk the next 33 sts, 1tr in the next 1chsp (*sleeve created*), 1tr in the next 40 sts, 1tr in the next 1chsp, ch2, sk the next 33 sts, 1tr in the sp created by the slst of the prev round (*second sleeve created*), close with a slst in the first st, turn. (84 sts, 2chsp under each arm)

**Row 12 (13):** Slst to the first underarm ch, then turn. (*For the bigger size, first turn, then slst to the 2<sup>nd</sup> ch of the underarm ch*) Ch3, work 1tr in each tr to next 2ch, work 1tr in each ch, work 1tr in each tr across, 1tr in last ch, close with a slst in the first st, turn. (80 (88) sts)

Hereafter, follow the instructions for either the dress or the pullover.

## THE GRACE DRESS



**Row 13 (14):** *From this row onwards, don't turn after the end of the row.* Ch1, 1dc in the same st, \*ch1, sk next st, (1tr, ch2, 1tr) in the next st, sk next st, ch1, 1dc in the next st\*, rep from \* all around, (*omitting the last dc of the rep during the last rep*), close with a slst in the first dc.

**Row 14 (15):** Ch1, 1dc in the same st, \*ch1, 7tr in the next 2chsp, ch1, 1dc in the next dc\*, rep from \* all around, (*omitting the last dc of the rep during the last rep*), close with a slst in the first dc.

**Row 15 (16):** Slst to the first tr, \*1dc in the next 7tr, ch3\*, rep from \* all around, but omit the last ch3 of the last rep and replace with ch1, 1htr in the first dc.

**Row 16 (17):** Ch5 (count as a tr and ch2), \*1dc in the 4<sup>th</sup> dc of the next 7dc-group, ch2, (1tr, ch2, 1tr) in the next 3chsp, ch2\*, rep from \* all around, 1dc in the 4<sup>th</sup> dc of the last 7dc-group, ch2, 1tr in the starting sp, close with a htr in the 3<sup>rd</sup> ch.

**Row 17 (18):** Ch3, 6tr in the same sp, ch1, 1dc in the next dc, ch1, \*7tr in the next 2chsp, ch1, 1dc in the next dc, ch1\*, rep from \* all around, close with a slst in the first tr.

**Row 18 (19):** Ch1, \*1dc in the next 7tr, ch3\*, rep from \* all around, but omit the last ch3 of the last rep and replace with ch1, 1htr in the first dc.

**Row 19 (20):** Rep row 16 (17).

**Row 20 (21):** Rep row 17 (18).

**Row 21 (22):** Rep row 18 (19).

**Row 22 (23) onwards:** Rep row 19 – 21 (20 – 22) until dress measures 30 (33) cm from shoulder to hem (or preferred length), ending with row 20 (21) of the pattern. Fasten off.

**Last row:** With Cornflower, join yarn in any 1<sup>st</sup> tr of any 7tr-group. Ch1, \*1dc in next 7 sts, 1dc in the next 1chsp, 1dc in the same st as the dc one row below, 1dc in the next 1chsp\*, rep from \* all around, close with a slst in the first st. Fasten off.

### Sleeves:

With Vanilla join yarn in the remaining loop of the 2<sup>nd</sup> ch under the arm.

**Row 1:** Ch3, 1tr around the post of the next tr, 1tr in each of the next 29 (33) sts, 1tr around the post of the next tr, 1tr in the last ch, close with a slst, turn. (33 (37) sts)

**Row 2:** Ch3, 1tr in each tr around, close with a slst, turn.

**Row 3:** Ch3, 1tr in the next 13 (15) sts, 2tr in the next st, 1tr in the next st, 2tr in the next st, 1tr in the next st, 2tr in the next st, 1tr in the next 14 (16) sts, close with a slst, turn. (36 (40) sts)

**Row 4 – 5 (6):** Rep row 2. Fasten off.

**Row 6 (7):** With Cornflower, join yarn in any st and work 1dc in each st around. Fasten off and rep above for second sleeve.

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## Button Placket:

With Vanilla, join yarn in the first row of the opening closest to the sleeve. Work 2tr around the post of each tr all along the opening. Fasten off. (18 (20) sts). The openings between the tr's will be used as the buttonholes.

## Neck Trim:

With Cornflower, join yarn in the first ch of the neckline, ch1, work 1dc in each remaining loop of the chs of the neckline. Fasten off.

## THE EMMY PULLOVER



Work the yoke as for the dress up to row 12 (13).

**Row 13 (14):** Ch3, work 1tr in each tr around, close with a slst in the 3<sup>rd</sup> ch and turn. (80 (88) sts)

Keep repeating the previous row and change colour as follows:

**Next row:** Change to Cornflower.

**Next 2 rows:** Change to Vanilla.

**Next row:** Change to Ruby Pink.

**Next 3 rows:** Change to Vanilla.

**Next row:** Change to Cornflower.

## 0-3 months only:

**Next row:** Change to Vanilla.

**Next row:** Change to Cornflower.

**Next row:** Change to Ruby Pink. Fasten off.

## 3 – 6 months only:

**Next 3 rows:** Change to Vanilla.

**Next row:** Change to Ruby Pink.

**Next row:** Change to Cornflower.

**Next row:** Change to Ruby Pink. Fasten off.

## Sleeves:

With Vanilla join yarn in the remaining loop of the 2<sup>nd</sup> ch under the arm.

**Row 1 – 2:** Rep as for dress.

**Row 3:** Ch3, 1tr in each tr around, close with a slst.

**Row 4 – 5 (6):** Rep row 3. Fasten off.

**Row 6 (7):** Join Cornflower, ch1, and work 1dc in each st around, close with a slst in the first dc. Fasten off.

## Button Placket:

Repeat as for dress.

## Neck Trim:

Join Cornflower in the first st of the button placket, ch1, and work 1dc in each st, turn work 1dc around the post of the tr, and work 1dc in each remaining loop of the chs around the neckline. Fasten off.

## FINISH UP

Weave in all remaining loose ends. Sew buttons in place and add ribbon to the dress's sleeves. The dress can be lightly blocked, if preferred.

## ABOUT THE YARNS

**Eco-Fusion** is a uniquely spun yarn with 125 meters to a ball. It is 50% bamboo and 50% cotton & lovingly Hand dyed in South Africa.

Stockists of our yarn are listed on our webpage [www.nurturingfibres.com](http://www.nurturingfibres.com)

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