Cool As Ice

Colour used: Aqua, Vanilla, Mint

Designed by Anneke Wiese for Nurturing Fibres
**NURTURING FIBRES**

**SKILL LEVEL**
Intermediate

**MEASUREMENTS**
45cm in diameter

**MATERIALS**
Nurturing Fibres Eco-Cotton
125m/50g:
1x Aqua
1x Vanilla
1x Mint
Hook: 4.00mm
Tapestry Needle
Scissors
Cushion Inner
Backing Fabric
Sewing thread

**ABBREVIATIONS**
beg – begin/ning
bet – between
bbr – back bar
bl/o – back loop/only
ch/s – chain/s
chsp/s – chain space/s
dc – double crochet
dc2tog – 2 double crochet together
dhdcv – double half crochet v stitch
hdc – half double crochet
hdcv – half double v stitch
lp/s – loop/s
RSF – Right Side Facing
rep/s – repeat/s
sc – single crochet
shdc – standing half double crochet
sdc – standing double crochet
sk – skip
sl – slip
slst – slip stitch
ssc – standing single crochet
tr down – treble stitch down
st/s – stitch/es
tr2tog – 2 treble together

**IMPORTANT! PATTERN NOTES**
- Pattern is written in US terminology.
- Replace all chains at the beginning of rounds with standing stitches. This gives a flawless appearance to each round. YouTube has several excellent tutorials.
- Ch2 at the beg of dc rounds, this count as a stitch.

**SPECIAL STITCHES**

**bbr** – back bar: Find the horizontal bar exactly below the two top loops at the wrong side of the st and insert the hook there. Work the stitch as per normal.

**ssc** – standing single crochet: Tie a slip knot on your hook. Insert hook in indicated stitch or space. Pull up a loop. (2 loops on hook) Yarn over and pull through both loops.

**sdc** – standing double crochet: Tie a slip knot on your hook, yarn over once. Insert hook in indicated stitch. Pull up a loop. (3 loops on hook). Yarn over, pull through 1 loop, yarn over, pull through last 2 loops.

**shdc** – standing half treble: Tie a slip knot on your hook. Yarn over once. Insert hook in the indicated stitch. Pull up a loop. (3 loops on hook) Yarn over, pull through 1 loop, yarn over, pull through last 2 loops.

**tr2tog** – treble two together: Yarn over twice, insert hook in indicated space and draw up a loop (you now have 4 loops on your hook). Yarn over and pull through 2 loops, yarn over and pull through 2 loops (you now have 2 loops on your hook). Yarn over twice, insert hook in same space and draw up a loop (5 loops on hook). Yarn over and pull through 2 loops twice (3 loops on hook). Yarn over and pull through all 3.

**tr down** – treble stitch down: Yarn over twice, insert hook in the indicated chain space of a previous round. (4 loops on hook). (Yarn over, pull through two loops) three times

**hdcv** – half double v-stitch: In same space or stitch, 1 hdc, ch 2, 1 hdc

**dhdcV** – double half double v-stitch: In same space or stitch, 2 hdc, ch 2, 2 hdc

**INSTRUCTIONS**

With Aqua, ch8, and close with a slst in the first ch to make a ring OR make a magic circle.

**Round 1:** Ch1, work 12sc in ring, close with a slst in first sc. (12sts)

**Round 2:** Ch2, **TURN your work** 1dc in same st, ch5, “2dc in next st, ch5” rep from “all around, close with a slst in the 2nd ch.” (24dc, 12 5chsps)

**Round 3:** Ch1, **TURN your work** work 4 hdc in each 5chsp all around, close with a slst in the first hdc. Fasten off. (48sts)

**Round 4:** Turn your work and join Vanilla between any of the 4-hdc groupings, work 1ssc, *ch3, sk next st, (1dc, ch3, 1dc)
in the bbr of the next st, ch3, sk next 2 sts, 1sc in the next sp, ch3, sk the next 4-hdc group, 1sc in the next sp,* rep from * all around, but omit the last sc from the last rep, close with a slst in the first st. Fasten off. (6 points, 6 3chsp sides)

**Round 5:** With Mint, join yarn in the blo of any sc after any point. *(first sc before any 3chsp)* work 1sc, 1sc into each of the chains of the 3chsp, 1blo-sc in the next st, ch5 *(the ch5 must stay behind the point)* 1blo-sc in next sc, 1sc in each of the chs of the 3chsp, 1blo-sc in the next sc, ch5*, rep from * all around, close with a slst in the first st. (30sc’s, 6 5chsp)

**Round 6:** Ch2, 1dc in each of the next 4 sts, 5dc in the next 5chsp, *1dc in the next 5 sts, 5dc in the next 5chsp*, rep from * all around, close with a slst in the 2nd ch. (60sts)

**Round 7:** Ch1, 3hdc at the base of the ch1, sk next st, *3hdc in the next st, sk next st* rep from * all around, close with slst in first hdc. Fasten off. (30 groups of 3hdc)

**Round 8:** With Vanilla, find the 2 3hdc-groups that are positioned above any 3chsp of round 4. Join yarn in the first sp directly to the left. Ch1, 2hdc in the same and next 3 3hdsps, 1hdc in the next sp, 1tr in the 3chsp of round 4, 1hdc in the same sp, *2hdc in the next 4 3hdc in the same sp, 1hdc in the next sp, 1tr in the 3chsp of round 4, 1hdc in the same sp*, rep from * all around, close with a slst in the first st. Fasten off. (60 3hdc’s, 6tr’s)

**Round 9:** *(work all the stitches in this round in the spaces between groupings of stitches)* Start in any sp, make 1shdc, 1hdc in the same sp, ch5, *2hdc in the next sp, ch5* * rep from * all around, close with a slst in the first st. (30 2hdc-groups, 30 5chsp’s)

**Round 10:** Turn, ch1, work 4hdc in each of the 5chsp’s all around, close with a slst in the first hdc. Fasten off. (120sts)

**Round 11:** Find the 4hdc-group directly above the tr that created a petal. With Mint work 1sc in the bbr of the 3rd hdc, work 1dc in each bbr of each st all around, close with a slst in the 1st st. (120sts)

**Round 12:** Ch2, 1dc in the same st, 2dc in the next st, sk next 2 sts, *2dc in the next 2 sts, sk next 2 sts* * rep from * all around, close with a slst in the 2nd ch. Fasten off. (120sts)

**Round 13:** Join Vanilla in any sp directly above the tr of round 8. Ch5 *(count as 1dc, ch3) 1dc, in same sp, ch2, [2hdc in next sp, ch2] 4 times, *(1dc, ch3, 1dc) in next sp, ch2, [2hdc in next sp, ch2] 4 times *, rep from * all around, close with a slst in the 2nd ch. (6 v-sts, 46 hdc’s)

**Round 14:** Ch7 *(count as 1dc, ch5) 1dc, in same sp, ch3, [2hdc between the next 2 hdc, ch3] 4 times, *(1dc, ch5, 1dc) in next sp, ch3, [2hdc between the next 2 hdc, ch3] 4 times, *(1dc, ch5, 1dc) in next sp, ch3, [2hdc between the next 2 hdc, ch3] 4 times *, rep from * all around, close with a slst in the 2nd ch. (6 v-sts, 46 hdc’s)

**Round 15:** *(first dc2tog will be ch2, 1dc)* Slst into first 5chsp, (dc2tog, ch2, dc2tog, ch5, dc2tog, ch2, dc2tog) in same sp, *[2hdc, ch2, 2hdc] between the next 2 hdc] 4 times, *(1dc, ch2, dc2tog, ch5, dc2tog, ch2, dc2tog) in next 5chsp sp, [2hdc, ch2, 2hdc] between the next 2 hdc] 4 times, * rep from * all around, close with a slst in the 2nd ch. (6 large petals, 24 hdc shells)

**Round 16:** Slst to first 2chsp, 2sc in same sp, *(3sc, ch3, 3sc) in the next 5chsp, 2sc in the next 2chsp, 12sc in the next sp before the hdc-shell, 3sc in the next 2chsp, 2sc in the sp after the hdc-shell repeat 4 times, *2sc in the next 2chsp, (3sc, ch3, 3sc) in the next 5chsp, 2sc in the next 2chsp, 2sc in the sp after the hdc-shell*, rep from * all around, close with a slst in first st. Fasten off. (192 sc, 6 3chsp’s)

**Round 17:** With Aqua join yarn in the 2nd sc in the first sp before any hdc-shell. *(ch2, 1dc, ch3, 2dc) in the same st, sk next 4 sts, *(1dc, ch3, 2dc) in the next st, sk next 4 sts* three times, *(2dc, ch3, 2dc) in the next st, sk next 2 1st 1blo-sc in the next 2sts, ch3, sk next sc, 3chsp, next sc, 1blo-sc in the next 2sts, sk next 3 sts, *(1dc, ch3, 2dc) in the next st, sk next 4 sts* four times, *(2dc, ch3, 2dc) in the next st, sk next 2 sts, 1blo-sc in the next 2sts, ch3, sk next sc, 3chsp, next sc, 1blo-sc in the next 2sts, sk next 3 sts* rep from * all around, close with a slst in the first st. (30 dc-shells, 6 3chsp points)

**Round 18:** Slst in first 3chsp, work *(2dc, ch3, 2dc)* in this and every shell all around, including the 3chsp behind the 3chsp of round 16. (36 shells)

**Round 19:** Slst to first 3chsp, 1sc in the 2nd ch, ch5, *1sc in the 2nd ch of the next 3chsp, ch5*, rep from * all around, close with a slst in the first st. (36 5chsp’s)

**Round 20:** Ch1, turn and work 6hdc in each 5chsp around, close with a slst in the first st. Fasten off and turn. (36 6hdc-groupings)

**Round 21:** The next round will be worked in the sps between 6hdc-groupings. Find the unworked 3chsp of round 16, then find the sp between the
6hdc-groupings directly above it and join Vanilla in the sp just to the left of it. Ch1, work 1hdcV-st in the same sp, ch5, [1hdcV-st in the next sp, ch5] three times, 1hdcV-st in the next sp, ch1, (tr2tog, ch3, tr2tog, ch5, tr2tog, ch3, tr2tog) in the unworked 3chsp of round 16, ch1, (do not work in the space between the 6hdc-groupings behind this petal) [1hdcV-st in the next sp, ch5] four times, 1hdcV-st in the next sp, ch1, (tr2tog, ch3, tr2tog, ch5, tr2tog, ch3, tr2tog) in the unworked 3chsp of round 16, ch1, (do not work in the space between the 6hdc-groupings behind this petal), rep from * all around, close with a slst in the first st. (30 dhdcV-sts, 6 (3dc, ch2, 3dc) shells.

**Round 22:** With Mint join yarn in the 2chsp of the first hdcV-st of the prev round, work 1dhdcV-st in the same sp, ch1, 1sc in the next 5chsp, ch1, [1dhdcV-st in the next 2chsp, ch1, 1sc in the next 5chsp, ch1] three times, 1dhdcV-st in the next 2chsp, ch1, (3dc, ch2, 3dc) in the next unworked sp of round 20 (between the 6hdc-groupings), ch1. [1dhdcV-st in the next 2chsp, ch1, 1sc in the next 5chsp, ch1] four times, 1dhdcV-st in the next 2chsp, ch1, (3dc, ch2, 3dc) in the next unworked sp of round 20, ch1, (between the 6hdc-groupings), rep from * all around, close with a slst in the first st. (30 dhdcV-sts, 6 (3dc, ch2, 3dc) shells)

**Finish Up**

Weave in all loose ends. You need to block your mandala before you sew it onto the pillow. Use the same colour Eco-Cotton as your last round and a tapestry needle. Sew on fabric working through the top point 3chsp and the 1st and last dc bet the points.

**About the Yarns**

Eco-Cotton is a softly spun yarn with 125 meters to a ball. It is 100% cotton and lovingly hand-dyed in South Africa.

Stockists of our yarn are listed on our webpage www.nurturingfibres.com

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