NURTURING FIBRES
Namos Flower

Colour used: Eco-Fusion in Watershed

Designed by Lizelle Mostert for Nurturing Fibres

NURTURING FIBRES

PATTERN DIFFICULTY
Advanced Beginner

MEASUREMENTS
Each flower measures approx.
9cm in diameter

MATERIALS
Oddments of **Nurturing Fibres**
Eco-Fusion
Hook: 4.00mm
Tapestry Needle
Scissors

ABBREVIATIONS
ch/s – chain/s
dc – double crochet
dc-cluster – three double
crochet together
fptr – front post treble
sc – single crochet
ss – slip stitch

IMPORTANT!
PATTERN NOTES
Pattern is written in US
terminology.
Ch3 at the beginning of rounds
count as a dc.

*The Namos Flower will look lovely in all our yarn bases.*

INSTRUCTIONS

Start with magic ring or ch4,
ss in 1ˢᵗ ch.

Round 1: In magic ring, 3dc-
cluster (1ˢᵗ dc = 3ch), *ch2, 3dc-
cluster – repeat from * 4 times,
ch2, ss in top of 1ˢᵗ 3dc-cluster.
(6x 3dc-clusters and 6x ch2
spaces)

Round 2: Ss into ch2 space,
3dc-cluster (1ˢᵗ dc = 3ch),
ch2,*(3dc-cluster, ch2, 3dc-
cluster) in next ch2 space,
ch2** - repeat from * - ** 4
times, (3dc-cluster, ch2) in
same ch2 space as first 3dc-
cluster, ss in top of 1ˢᵗ 3dc-
cluster. (12x 3dc-clusters and
12x ch2 spaces)

Round 3: Sc in ch2 space, *fptr
around 3dc-cluster from
round 1, sc in same ch2 space,
ch 4, skip next ch2 space, sc in
next ch2 space – repeat from *
5 times, ss in top of first fptr.
(6x fptr with a sc on each side
and 6 x 4ch spaces)

Round 4: *Into ch4 space, 5dc,
ch3, 5dc, sc in top of fptr*,
repeat from * 5 times, end off
and cut yarn. (6 petals)
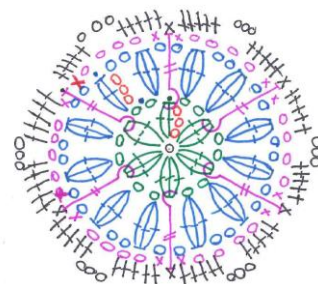
FINISH UP
Weave in all loose ends.

ABOUT THE YARNS
Eco-Fusion is a uniquely spun
yarn with 125 meters to a ball.
It is 50% bamboo and 50%
cotton and is lovingly hand-
dyed in South Africa.

Stockists of our yarn are listed
on our webpage
www.nurturingfibres.com

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