

NURTURING FIBRES

# Secret Garden Cushion CAL - Complete Pattern



Colour used: Eco-Cotton in Seaside Colourway  
Designed by Joanita Theron for Nurturing Fibres

# NURTURING FIBRES

## PATTERN DIFFICULTY

Easy - Intermediate

Basic stitches, simple shaping and finishing with some concentration required

## MEASUREMENTS

16 inches (42 cm)

## MATERIALS

Nurturing Fibres Eco-Cotton

125m/50g balls:

14 balls (two of each colour)

*Mark each colour from A – G.*

### Seaside:

2x Aqua

2x Aventurine

2x Baltic

2x Vanilla

2x Seashell

2x Pickled Ginger

2x Sunkissed Coral

### Rose Garden:

2x Pear

2x Willow

2x Olive

2x Mist

2x Blush

2x Orchid

2x Bordeaux

### Secret Garden:

2x Pear

2x Willow

2x Olive

2x Blush

2x Lilac

2x Violet

2x Pecan

Hook: 3.50mm

Tapestry Needle

Scissors

## ABBREVIATIONS

CH - chain

SL ST - slip stitch

SC - single crochet (UK - DC)

HDC - half double crochet (UK - HTR)

DC - double crochet (UK - TR)

TR - treble crochet (UK - DTR)

BLP - back loop

## IMPORTANT! PATTERN NOTES

- Pattern uses US terminology



## SPECIAL STITCHES

### V-ST:

**Method 1:** – to start use a STANDING DC to join new colour – work [1 CH; 1 DC] into same space; work [1 DC; 1 CH; 1 DC] for V-ST.

**Method 2:** - to start use a CH 4 to join new colour – this count as 1 DC and 1 CH space; work 1 DC into same space; work [1 DC; 1 CH; 1 DC] for V-ST.

### Cluster:

**Starting Cluster:** work 4 Double Crochet (4DCtog) together into same space.

**Cluster:** work 5 Double Crochet (5DCtog) together into same space.

### FPDC – front post double crochet

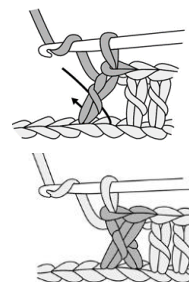
Insert your hook into the front of your work, behind the indicated stitch, and then through your work such that your hook is now at the front of your work again. Pull through final 2 loops on your hook

### FPTR – front post treble crochet

- Yarn over twice.
- Insert your hook front-to-back through your work, positioning the post that you want to crochet around in front of the hook.
- Yarn over again and pull through. There will be four loops on your hook, just like there would at this stage of a normal treble crochet.
- Proceed as normal with your treble crochet stitch: Yarn over and pull through the first two of the four loops on the hook.
- Yarn over and pull through the next two loops on the hook.
- Yarn over and pull through the final two loops on the hook.

## CROSS STITCH

Skip ST; work DC into next ST; work DC into skipped ST.



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## INSTRUCTIONS

### Colour A

CH 6; SL ST into first CH to form a ring or use a magic circle.

**Round 1:** CH 4 (this counts as 1 DC and 1 CH space); work [1 DC; 1 CH] 11 more times into ring; SL ST into 3<sup>rd</sup> of 4 CH. (12 DC; 12 x 1 CH spaces)  
Fasten off and weave in ends.

### Colour B

Join new colour into any 1 CH space – see V-ST under Special Stitches.

**Round 2:** Work starting V-ST; CH 1; [work V-ST into next 1 CH space; CH 1] 11 more times; SL ST into 3<sup>rd</sup> of 4 CH/or top of Standing DC. (12 x V-ST; 12 x 1 CH spaces)  
Fasten off and weave in ends.

### Colour C

Join new colour into any V-ST 1 CH space.

**Round 3:** Work starting V-ST; SKIP next 1 CH space; work 1 FPTR around ROUND 1 DC below SKIPPED 1 CH space; [work V-ST into next 1 CH space; SKIP next 1 CH space; work 1 FPTR around ROUND 1 DC below SKIPPED 1 CH space] 11 more times. SL ST into 3<sup>rd</sup> of 4 CH/or top of Standing DC. (12 x V-ST; 12 x FPTR) Fasten off and weave in ends.

### Colour D

Join new colour into any V-ST 1 CH space.

**Round 4:** CH 3 (counts as 1 DC); work Starting Cluster into same space; CH 1; work 1 FPDC around next FPTR; CH 1; [work Cluster into next V-ST 1 CH space; CH 1; work 1 FPDC around next FPTR; CH 1] x 11 more times. SL ST into 3<sup>rd</sup> of 3 CH. (12 x Clusters; 12 x FPDC; 24 x 1 CH spaces)  
Fasten off and weave in ends.

### Colour E

Join new colour with a SC into any 1 CH space BEFORE a FPDC.

**Round 5:** CH 1; SKIP next FPDC; work 1 SC into next 1 CH space; CH 3; SKIP Cluster. \*Work 1 SC into next 1 CH space; CH 1; SKIP next FPDC; work 1 SC into next 1 CH space; CH 3; SKIP Cluster.\*\* Repeat from \* to \*\* all around; SL ST into first SC worked. (12 x 3 CH spaces; 12 x 1 CH spaces; 24 SC)

**Round 6:** SL ST into next 1 CH space; 1 SC and 3 CH space; CH 3 (counts as 1 DC); work 4 DC into same space; work 1 FPDC around next ROUND 4 FPDC. \*Work 5 DC into next 3 CH space; work 1 FPDC around next ROUND 4 FPDC.\*\* Repeat from \* to \*\* all around. SL ST into 3<sup>rd</sup> of 3 CH. (12 x FPDC; 12 Petals)  
Fasten off and weave in ends.

### Colour F

Join new colour into any 1 CH between the 2 SC of ROUND 5 with a SC.

**Round 7:** (Note: the following *sp* is hiding under the FPDC of round 6)\* CH 6; work 1 SC into next 1 CH space between 2 SC of ROUND 5.\*\* Repeat from \* to \*\* 11 more times. SL ST into first SC worked. (12 x 6 CH spaces; 12 SC)

**Round 8:** SL ST into next 6 CH space; CH 3 (this counts as your first DC); work 6 DC into same space; work 1 FPDC around next ROUND 6 FPDC. \*Work 7 DC into next 6 CH space; work 1 FPDC around next ROUND 6 FPDC.\*\* Repeat from \* to \*\* all around. SL ST into 3<sup>rd</sup> of 3 CH. (12 petals; 12 FPDC) Fasten off and weave in ends.

### Colour G

For this round work into back-loops only;  
Join new colour with a SC into the FIRST DC of a 7 DC petal

**Round 9:** work 1 SC into next 2 DC; SKIP next DC; work 1 FPDC around 3<sup>rd</sup> DC of ROUND 6 5DC petal; work 1 SC into next 3 DC; CH 1; SKIP FPDC.\*Work 1 SC into next 3 DC; SKIP next DC; work 1 FPDC around 3<sup>rd</sup> DC of ROUND 6 5DC petal; work 1 SC into next 3 DC; CH 1; SKIP FPDC.\*\* Repeat from \* to \*\* all around. SL ST into first SC worked.

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(12 FPDC; 72 SC) Fasten off and weave in ends.

## Colour A

Join new colour into any 1 CH space of ROUND 9 (above the FPDC)

**Round 10:** Work starting V-ST; CH 2; work 1 FPDC around next FPDC (ROUND 9); CH 2. \*Work V-ST into next 1 CH space; CH 2; work 1 FPDC around next FPDC (ROUND 9); CH 2.\*\*Repeat from \* to \*\* all around.(12 x V-ST; 12 x FPDC; 24 x 2 CH spaces) Fasten off and weave in ends.

## Colour B

Join new colour with a SC into ANY 1 CH of a V-ST

**Round 11:** work 1 SC into next DC; CH 3; work 1 SC into FPDC; CH 3; work 1 SC into next DC. \*Work 1 SC into 1 CH space; work 1 SC into next DC; CH 3; work 1 SC into FPDC; CH 3; work 1 SC into next DC.\*\* Repeat from \* to \*\* all around. SL ST into first SC worked. (48 SC; 24 x 3 CH spaces) Fasten off and weave in ends.

## Colour C

Join new colour into any CENTER SC of a 3 SC group.

**Round 12:** Work starting V-ST; CH 2; (work Cluster into next 3 CH space; CH 2) twice. \*Work V-ST into next CENTER SC of 3 SC group; CH 2; (work Cluster into next 3 CH space; CH 2) twice.\*\*Repeat from \* to

\*\* all around.

SL ST into 3<sup>rd</sup> of 4 CH/or top of Standing DC.

(24 Clusters; 12 x V-ST's)

**Fasten off and weave in ends.**

## Colour D

Join new colour into any V-ST 1 CH space.

**Round 13:** Work starting V-ST; work 1 DC into next 2 CH space; work V-ST into next 2 CH space – *this will be in-between the 2 Clusters* - work 1 DC into next 2 CH space. \*Work V- ST into next 1 CH space; work 1 DC into next 2 CH space; work V-ST into next 2 CH space – *this will be in-between the 2 Clusters* - work 1 DC into next 2 CH space.\*\* Repeat from \* to \*\* all around.

SL ST into 3<sup>rd</sup> of 4 CH/or top of Standing DC. (24 DC; 24 x V-ST's) Fasten off and weave in ends.

## Colour A

Join new colour into any V-ST 1 CH space – see V-ST under Special Stitches

**Round 14:** Work starting V-ST; CH 2; work 1 FPDC around next DC; CH 2.

\*Work V-ST into next 1 CH space; CH 2; work 1 FPDC around next DC; CH 2.\*\* Repeat from \* to \*\* all around. SL ST into 3<sup>rd</sup> of 4 CH/or top of Standing DC. (24 FPDC; 24 x V-ST's; 48 x 2 CH spaces)Fasten off and weave in ends.

## Colour E

Join new colour into any V-ST 1 CH space

**Round 15:** CH 3 (counts as 1 DC); work Starting Cluster into same space; CH 2; work 1 FPDC around next FPDC; CH 2.

\*\*Work Cluster into next V-ST 1 CH space; CH 2; work 1 FPDC around next FPDC; CH 2.\*\* Repeat from \* to\*\* all around. ST into 3<sup>rd</sup> of 3 CH. (24 x Clusters; 24 x FPDC; 48 x 2 CH spaces)Fasten off and weave in ends.

## Colour F

Join new colour with a SC into any FPDC;

**Round 16:** Work 2 SC into next 2 CH space; work 1 SC into next Cluster; work 2 SC into next 2 CH space.

\*Work 1 SC into next FPDC; work 2 SC into next 2 CH space; work 1 SC into next Cluster; work 2 SC into next 2 CH space.\*\*Repeat from \* to \*\* all around.SL ST into first SC worked. (144 SC)

**Round 17:** - for the next round work into back-loops only; CH 3 (this counts as 1 DC); work 1 DC into SAME ST; work 1 DC into next 23 SC. \*Work 2 DC into next SC; work 1 DC into next 23 SC.\*\* Repeat from \* to \*\* all around. SL ST into 3<sup>rd</sup> of 3 CH.

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(150 DC)Fasten off and weave in ends.

## Colour G

Join new colour into any DC of previous round.

**Round 18:** for the next round work into back-loops only; CH 3 (this counts as 1 DC); work 1 DC into SAME ST; work 1 DC into next 24 DC.

\*Work 2 DC into next DC; work 1 DC into next 24 DC.\*\*

Repeat from \* to \*\* all around. SL ST into 3<sup>rd</sup> of 3 CH.Fasten off and weave in ends.

## SQUARING

### Colour A

Join new colour into any DC of previous round.

**Round 19:** CH 4 (this counts as 1 TR); work [2TR; 2 CH; 3 TR] into SAME ST; work 1 TR into next 5 STS; work 1 DC into next 5 STS; work 1 HDC into next 5 STS; work 1 SC into next 8 STS; work 1 HDC into next 5 STS; work 1 DC into next 5 STS; work 1 TR into next 5 STS. \*\*Work [3TR; 2 CH; 3 TR] into NEXT ST; work 1 TR into next 5 STS; work 1 DC into next 5 STS; work 1 HDC into next 5 STS; work 1 SC into next 8 STS; work 1 HDC into next 5 STS; work 1 DC into next 5 STS; work 1 TR into next 5 STS.\*\*

Repeat from \* to \*\* twice more. SL ST into 4<sup>th</sup> of 4 CH; (179 STS – 44 STS per side)

**Round 20:** CH 4 (counts as 1 TR); work 1 TR into next 2 STS; work [2 TR; 3 CH; 2 TR] into 2 CH corner space; work 1 TR into next 3 STS; work 1 DC into next 5 STS; work 1 HDC into next 5 STS; work 1 SC into next 18 STS; work 1 HDC into next 5 STS; work 1 DC into next 5 STS; work 1 TR into next 3 STS. \*Work [2 TR; 3 CH; 2 TR] into 2 CH corner space; work 1 TR into next 3 STS; work 1 DC into next 5 STS; work 1 HDC into next 5 STS; work 1 SC into next 18 STS; work 1 HDC into next 5 STS; work 1 DC into next 5 STS; work 1 TR into next 3 STS.\*\*

Repeat from \* to \*\* twice more; omitting the last 3 TR; SL ST into 4<sup>th</sup> of 4 CH.

(192 STS – 48 STS per side)  
Fasten off and weave in ends.

### Colour B

Join new colour into any corner CH space

Optional – work into back-loops;

**Round 21:** Work [1 SC; 2 CH; 1 SC] into corner space; work 1 SC into next 48 STS.

\*Work [1 SC; 2 CH; 1 SC] into next corner space; work 1 SC into next 48 STS.\*\*

Repeat from \* to \*\* 2 more times; SL ST into first SC worked.(50 SC per side = 200 SC)Fasten off and weave in ends.

### Colour C

Join new colour into any corner CH space

Optional – work into back-loops;

To start CH 3 for DC or use a Standing DC.

**Round 22:** Work [2 DC; 2 CH 2; DC] into corner space; work 1 DC into next ST; work CROSS STITCH x 24; work 1 DC into next ST.

\*Work [2 DC; 2 CH 2; DC] into corner space; work 1 DC into next ST; work CROSS STITCH x 24; work 1 DC into next ST.\*\* Repeat from \* to \*\* 2 more times.SL ST into 3<sup>rd</sup> of 4 CH/or top of Standing DC.

(24 x CROSS STITCH on each side)Fasten off and weave in ends.

### Colour D

Join new colour into any corner CH space

Optional – work into back-loops.

**Round 23:** Work [2 DC; 2 CH; 2 DC] into corner space; work 1 DC into next ST; work CROSS STITCH x 26; work 1 DC into next ST.\*Work [2 DC; 2 CH; 2 DC] into corner space; work 1 DC into next ST; work CROSS STITCH x 26; work 1 DC into next ST.\*\*Repeat from \* to \*\* 2 more times.SL ST into 3<sup>rd</sup> of 4 CH/or top of Standing DC. (26 x CROSS STITCH on each side)Fasten off and weave in ends.

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## Colour A

Join new colour into any corner CH space

Optional – work into back-loops;

**Round 24:** Work [1 SC; 2 CH; 1 SC] into corner space; work 1 SC into next 56 STS.

\*Work [1 SC; 2 CH; 1 SC] into next corner space; work 1 SC into next 56 STS.\*\*Repeat from \* to \*\* 2 more times; SL ST into first SC worked.

(58 SC per side = 232 SC)

Fasten off and weave in ends.

## Colour E

Join new colour into any corner CH space

Optional – work into back-loops;

To start CH 3 for DC or use a Standing DC.

**Round 25:** Work [2 DC; 2 CH 2; DC] into corner space; work 1 DC into next 2 STS; work CROSS STITCH x 28; work 1 DC into next 2 STS.

\*Work [2 DC; 2 CH 2; DC] into corner space; work 1 DC into next 2 STS; work CROSS STITCH x 28; work 1 DC into next 2 STS.\*\*

Repeat from \* to \*\* 2 more times.

SL ST into 3<sup>rd</sup> of 4 CH/or top of Standing DC.

(28 x CROSS STITCH on each side) Fasten off and weave in ends.

## Colour F

Join new colour into any corner CH space

Optional – work into back-loops;

To start CH 3 for DC or use a Standing DC.

**Round 26:** Work [2 DC; 2 CH; 2 DC] into corner space; work 1 DC into next 2 STS; work CROSS STITCH x 30; work 1 DC into next 2 STS.

\*Work [2 DC; 2 CH; 2 DC] into corner space; work 1 DC into next 2 STS; work CROSS STITCH x 30; work 1 DC into next 2 STS.\*\*

Repeat from \* to \*\* 2 more times.

SL ST into 3<sup>rd</sup> of 4 CH/or top of Standing DC.

(30 x CROSS STITCH on each side) Fasten off and weave in ends.

## Colour G

Join new colour into any corner CH space

Optional – work into back-loops;

**Round 27:** Work [1 SC; 2 CH; 1 SC] into corner space; work 1 SC into next 68 STS.

\*Work [1 SC; 2 CH; 1 SC] into next corner space; work 1 SC into next 68 STS.\*\*

Repeat from \* to \*\* 2 more times; SL ST into first SC worked.(70 SC per side = 280 SC)Fasten off and weave in ends

## THE BACK

(See last page for graph)



## Colour A

CH 69

**Row 1:** Work 1 SC into 2<sup>nd</sup> CH from hook; work 1 SC into each CH until end (68 SC); turn.

**Row 2:** CH 1; work 1 SC into first ST; work 1 HDC into next ST; work 1 DC into next 2 STS; work 1 TR into next 2 STS; work 1 DC into next 2 STS; work 1 HDC into next ST; Work 1 SC into next ST. \*work 1 SC into next ST; work 1 HDC into next ST; work 1 DC into next 2 STS; work 1 TR into next 2 STS; work 1 DC into next 2 STS; work 1 HDC into next ST; Work 1 SC into next ST.\*\* Repeat from \* to \*\* until last 8 STS;

work 1 SC into next ST; work 1 HDC into next ST; work 1 DC into next 2 STS; work 1 TR into next 2 STS; work 1 DC into next 2 STS; TURN (68 STS)

**Row 3:** CH 2 (does not count as ST); work 1 DC into first ST; work 1 HDC into next ST; work 1 SC into next 2 STS; work 1 DC into next 2 STS; work 1 HDC into next ST;

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Work 1 TR into next ST.  
\*Work 1 TR into next ST;  
work 1 DC into next 2 STS;  
work 1 HDC into next ST;  
work 1 SC into next 2 STS;  
work 1 HDC into next ST;  
work 1 DC into next 2 STS;  
work 1 TR into next ST;\*\*  
Repeat from \* to \*\* until end;  
TURN (68 STS)

Rep row 2 & 3 throughout.

## TIPS

TR sts will always be worked into SC sts and SC will always be worked into TR sts.

**Last row:** CH 1; work 1 SC into each ST until end (68 SC);  
Fasten off and weave in ends.  
Colour Sequence:  
Colour A – 3 rows  
Colour B – 1 row  
Colour C – 3 rows  
Colour D – 2 rows  
Colour E – 1 row  
Colour F – 4 rows  
Colour G – 1 row  
Colour A – 3 rows  
Colour B – 2 row

Colour C – 1 rows  
Colour D – 5 rows  
Colour E – 2 row  
Colour F – 3 rows  
Colour A – 1 rows  
Colour B – 5 row  
Colour C – 2 rows  
Colour D – 1 rows  
Colour E – 3 row  
Colour F – 1 rows  
Colour G – 1 row

With Colour B sew SC back and front together – leave one side open to insert cushion – then SC close – or leave open and sew on buttons or zipper.  
Work 2 SC extra into each corner.

## PICOT EDGING

Start in corner SC; work 1 SC; \*CH 4; SL ST into 3<sup>rd</sup> CH from hook; CH 1; SKIP 2 SC; work 1 SC into next.\*\* Repeat from \* to \*\* all around.

## FINISH UP

Using a round of sc's crochet the edges together, alternatively sew them together.

## ABOUT THE YARNS

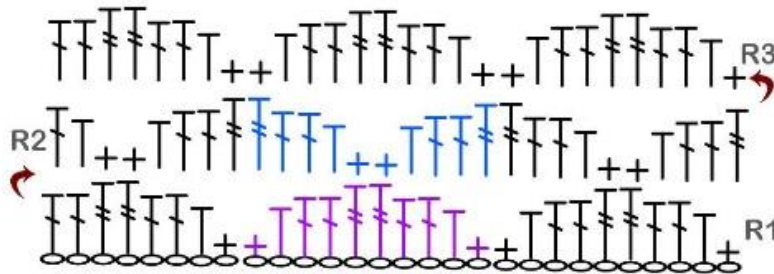
Eco-Cotton is a softly spun yarn with 125 meters to a ball. It is 100% cotton and lovingly hand-dyed in South Africa.

Stockists of our yarn are listed on our webpage [www.nurturingfibres.com](http://www.nurturingfibres.com)

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Row 2 Repeat: TR; DC x 2; HDC; SC x 2; HDC; DC x 2; TR

Row 3 Repeat: SC; HDC; DC x 2; TR x 2; DC x 2; HDC; SC

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