

NURTURING FIBRES

Wabi Sabi



Colour used: SuperTwist Sock Glacier & Monsoon
Designed by Brenda Grobler for Nurturing Fibres

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PATTERN DIFFICULTY

Intermediate

MEASUREMENTS

Pattern Sizes:

77-86 (87-92, 97-102, 107-112)

cm

Completed bust

measurements:

108 (114, 124, 134) cm

Length to shoulder:

50cm on all sizes

Sleeve length:

29.5 cm on all sizes

MATERIALS

Nurturing Fibres 100g/325m

Supertwist Sock Yarn

3 (4, 4, 5) Glacier

1x Monsoon

3.50mm hook

4.00mm 60cm circular knitting needles

Tapestry Needle

Scissors

ABBREVIATIONS

2dctog – two double crochet together

beg - beginning

chs – chain/s

ch – chsp

cont - continue

dc – double crochet

htr – half treble

k – knit

k2tog – knit two stitches together (1st decreased)

p – purl

p2tog – purl two stitches together (1st decreased)

prev - previous

rep - repeat

R/WS – right/wrong side

slst – slip stitch

st/s – stitch/es

tr – treble

GAUGE

23sts x 33 rows = 10x10cm

when worked in st.st (knit one row, purl one row) using 4.00mm knitting needles

IMPORTANT! PATTERN NOTES

- Ch3 replaces the first treble and count as a stitch. (For a completely flawless stitch, try using a standing twist tr to begin rounds, tutorials are available on the internet)
- The post of the stitch refers to the actual body of the stitch.
- Pattern is written in UK terminology.
- The pattern is worked in two identical sections. It starts at the sleeve, once the sleeve is completed; additional stitches are added for the body. The two sections are then sewn together before the front band is knitted.
- For a very neat selvedge, sl the first st from the left hand needle to the right hand needle when working the knit rows for the bottom edging.

INSTRUCTIONS (LEFT SIDE)

BLOCKS : MAKE 12

With a 3.50mm hook, and Glacier, ch4, close with a slst OR make a magic circle.

Round 1: (RS) Ch3, work 11tr in the ring, close with a slst in the 3rd ch. (12sts)

Round 2: Ch3, work 2tr in each st around, close with a slst in the 3rd ch. Fasten off. (24sts)

Round 3: Join Monsoon in any st. Ch3, 1tr in the same st, 1tr in the next st, 1htr in the next st, 1dc in the next st, 1htr in the next st, 1tr in the next st, *(2tr, ch1, 2tr) in the next st, 1tr in the next st, 1htr in the next st, 1dc in the next st, 1htr in the next st, 1tr in the next st*, rep from * all around, work 2tr in the starting st, close with a htr in the 3rd ch. (**Closing: Insert hook in the 3rd ch of the first tr, work 1htr as per normal**) (36sts, 4 1chsp corners)

Round 4: Ch3, 2tr around the post of the htr of the prev round, *work 1tr in each st to next corner sp, work 5tr in corner sp*, rep from * all around, but end the rep with 3tr in the beg corner sp, close with a slst in the 3rd ch. Fasten off. (56sts)

Sew the blocks together in a 6x2 grid.



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With RS facing and Glacier, join yarn in the 3rd tr of the corner tr's. Ch1, *work 1dc in each st across to where the blocks are joined, work 2dctog over the 3rd tr's of both corner tr's *, rep from * all across ending the last dc in the 3rd tr of the last corner, DO NOT FASTEN OFF, turn work. (85sts)

Using 60cm circular knitting needles, (WS of work facing), pick up 1st per dc all the way across, turn work.

Next row: K.

Next row: P.

Next rows: Rep prev 2 rows until piece measures 26 cm (blocked length will be 29.5cm), ending with a purl row, turn work.

BODY



Next row: Cast on 71 sts, knit across the 71 sts and the 85sts of the sleeve, turn.

Next row: Cast on 71 sts, k across the 1st 14sts, purl across to the last 14 sts, k the last 14sts, turn. (227sts)

Next row: K.

Next row: K across the first 14sts, p across to the last 14sts, k the last 14sts, turn. Rep the prev 2 rows until the body section measures 21 (22.5, 25, 27.5) cm, ending with a p row.**

SHAPING THE BACK NECKLINE

Next row: K across the first 114sts, turn. (Place the unworked 113 sts on a length of scrap yarn – these will be picked up later to form the neck/front band).

Next row: P to last 14 sts, k last 14 sts, turn.

Next row: K to last 2 sts, k2tog (1st decreased at neckline), turn.

Next rows: Work another 2 rows in the established pattern, then dec 1st at the neckline, rep this every 3rd row, until a total of 5 dec were made. Work 1 more row, then cast off. The back neckline shaping should measure approx. 6cm. Cast off. (109 sts)

RIGHT SIDE

Work as for left side from ** - **, but end with a k row.

SHAPING THE BACK NECKLINE

Next row: K across the first 14sts, p across the next 100 sts, turn. (Place the unworked 113 sts on a length of scrap yarn – these will be picked up later to form the neck/front band).

Next row: K, turn.

Next row: K across the 14sts, p to last 2 sts, p2tog (1st decreased at neckline), turn.

Next rows: Work another 2 rows in the established pattern, then dec 1st at the neckline, rep this every 3rd row, until a total of 5 dec were made. Work 1 more row, then cast off. The back neckline shaping should measure approx. 5cm. Cast off. (109 sts)

Sew the back seam together. Grafting the two sides together will give a seamless finish. (Tutorials are widely available on YouTube)

NECK BAND

With the RS facing, pick up the first 113 sts on the piece of scrap yarn, pick up stitches across the back neckline, pick up the remaining 113sts on the 2nd piece of scrap yarn.

Work 22 rows in k and cast off.

FINISH UP

Join the sleeve seams and side seams. Weave in all remaining ends.

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SLEEVE EDGING



With RS facing and Glacier, join yarn in any st and work 1 round of dc around the edge. It is highly recommended to work 2dctog across the seams where the two blocks meet. Close with a slst in the first dc, turn, and work 2 more rounds. Fasten off.

Block garment to measurement, cover with a damp cloth (or spray with water) and allow to dry.

ABOUT THE YARNS

SuperTwist Sock is a versatile yarn that is 100% merino wool from non-mulesed sheep. It has 320m to a skein and lovingly hand-dyed in South Africa.

Stockists of our yarn are listed on our webpage www.nurturingfibres.com

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